

Thinking constantly about about what to do about Ronnie so he can better care for Emma.

Body Code:

Marijuana released for Ronnie, with Panic inherited from Sara's Father, from his Father, from 13x Great-grandfather. Also released for Ronnie.

Brain and spinal chord imbalance – related to the physical trauma of Ronnie having cancer.
All balanced and released.

More physical movement would be beneficial – related to a T3 vertebrae imbalance – related to the trapped emotion of grief. All balanced and released.

Emotion Code:

"The shame of her mother being fat."

1. Taken for granted

Feels treated with careless indifference; not given thanks or for something accomplished, similar to ignored. Taken advantage of.

2. Frustration

Feeling exasperated, harassed or vexed. Feeling stuck or unable to progress; blocked from causing a change or achieving an objective or goal.

3. Insecurity

A lack of confidence; self-conscious; shy. Feeling unsafe from danger or ridicule.