

29.7.24

Laura Hermann

House in Pitt Town. Husband
Yard flooded - we were blocked in.
New house. Straining but he keeps complaining -
Made family decision to buy new property

2 kids

Markus - Level 1 ASD - IVF - 15

Anya - natural - 13

but ours hadn't sold. Stress H.

He had work stressors.

Now saying he wasn't heard; + wasn't what he wanted

He's the nicest guy but we

He wanted to renege + leave 300k deposit.

Sold house for less than expected so mortgage 280k.

New house - crisis

I think fast, impulsive

He is clever but takes time to decide (fam!)

He sees a therapist

Tired + f

180/110 every 2nd day

hypertensive crises -> brain fog

Anxious, overwhelmed; OCD

Losing things

Tension at Home

Trying hard not to bore my shit. Hold it in.

I'm open to kids

< Since moved into new place - Oct. 2023

Paul constantly worried about money.

We have money but

He wanted to be a rock star but has to run a

business

Both feel trapped.

Patterns in our relat

2

18 -

Paul - friend of my 5^o

5^o schizophrenia

He plays guitar; I sing

Got back from QLD & ran into him; instant connection & had funing.

Fights always about moving in

Getting married

Having kids

Not working

I moved in before he died. He moved in Nov.

Married in 2006; together since 1999.

Family

F^o & D^o - 2x suicides 2^o AOD

M^o " - anxiety

B

PND psychosis after Marcus burn.

We love each other & have good sex & compatible in many ways.

IVF after trying for 2 yrs.

M^o Dx breast ca

5^o lost her baby in childbirth

F^o had paralysis tick

Pharmaceutical rep.

PND atel psychosis

Don't put the baby in the oven; don't leave it in the park

No professionals believed me.

Not sleeping; brain speed TTT.

old house clean.

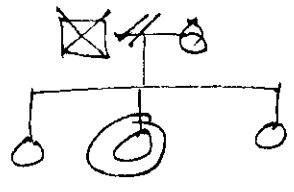
weird thoughts
One night, saw chain rocking; thought a ghost
coming to take baby away.
I thought I had mild psychosis
→ Prof Boyle at westmead

Was an 2ppresca but not gain

Endless now
Stole a lot of Lego for a while
If stressed, don't go to shop.

Dx - multiple
Anxiety
Bipolar - but not ext. highs + lows
BPD
Non-Ca tumor in pituitary gland.
Risky behaviors.

Don't remember growing up. Up to 13/14.
No recollection of sexual abuse
2 Kidnapping; attempted rape.
U° fixated on me
F° had affair in ~~my~~ family friend. I was 14
F° had numerous affairs.
F° deceased - MI x 3; police prosecutor; may be
naive
D/V relat. in past - forced me into 3-some.
My S° here living in Mark. She was really clever
but had DID + now schiz. + envious of my life.
Younger S° = police force. Don't get on but non-
an uneasy truce.
Estranged



Physical

arthritis - left knee
menopausal : & libido

AOD

- 2 bottles wine / day (2-3)
recently to point of black out.
"high f^u alcoholic" < since house wine
Loose shit occ; low patience

Didn't go to uni

v. orderly & OCD

Art room - crazy & chaotic - atm. v. disorganised

work

High school - Riverside to YR 12

Bar work for 2yrs

GLD - for 2yrs lived in A^o & U^o

Then Dreamworld

Then theatre

Stalker U^o → back to Sydney

Worked in camp shop

Then book shop & rep. - but had 7x accidents - only

Paul - 1 dating - not stable (1) my fault

Another U^o dying of Ca.

Rep of year twice (for ^{these} 2yrs)

Moved to pharmaceutical - had decision

Got v. good sales.

⊕ on road but hate conferences & networking.

Gave up when trying to start family.

Now - home A/t.