

"There are trapped emotions in Kylie related to Craig, that are ready to be released."

1. **Panic**

A sudden, overwhelming fear that produces hysterical behaviour, unreasonably fearful thoughts or physical symptoms such as trembling and hyperventilation; a strong feeling of impending doom.

Inherited from Mother, from her Father, from 7x Great-grandfather. Also released for Jayde.

2. **Depression**

A state often caused by “anger turned inward” at the self. Inability to feel joy or excitement. A low energy, negative state caused by ongoing negative feelings.

Inherited from Mother, from her mother, from 12x Great-grandmother. Also released for Jayde.

3. **Unworthy**

Not good enough; beneath the dignity of; not commendable or credible; undeserving; not valuable or suitable; unbecoming.

Inherited from Mother, from her mother, from 12x Great-grandmother. Also released for Jayde.

4. **Abandonment**

Physical abandonment is having been left alone, left behind or deserted (this is the type of abandonment that we most often see in childhood). ***Emotional abandonment*** is having been given up on, withdrawn from, separated from or emotionally deserted. A feeling of being “left behind” in a non-physical form. This can also apply to *financial* abandonment

Inherited from Mother, from her mother, from 12x Great-grandmother. Also released for Jayde.

5. **Fear**

A strongly distressing emotion aroused by impending danger, evil or pain; the threat may be real or imagined.

Inherited from Mother, from her Father, 15x Great-grandfather. Also released for Nicholas.