



Dear Arthur,

10th September 2025

Prescription for your acute Homeopathic treatment

I am happy to confirm the following prescription as per our recent homeopathic consult.

Please see over the page for instructions.

Aconite, Arsenicum, Mercury, stramonium FH – blend

Rapid dosing as required, remembering to succuss.

Cease dosing when symptoms are gone.

Strep pyro (Tiltch)

One dose 3 times a day while sick then to go to once a day until you can book an initial consult with me.

Please contact me if you have any questions or concerns throughout the time of your treatment.

Thank you for entrusting me with your health.

Yours in health,

A Arnold.

Ash Arnold

Holistic Remedy Co.

ash.mastro90@gmail.com



Instructions for your acute Homeopathic Treatment

Please take each dose 15 minutes away from strong foods (coffee, tea, garlic, toothpaste etc.) and store your remedies in a cool place away from strong smells (essential oils, coffee, herbs etc.) and EMF's (wi-fi router, microwaves, mobile phones etc.) magnets and direct sunlight.

Please shake the bottle vigorously roughly 5 times prior to taking each dose.

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Neat dose / one dose = 3-5 liquid drops straight from the bottle under the tongue in a clean mouth

Rapid dosing = place 3-5 drops into a clean bottle (preferably glass) that contains 500ml of water **or less**. Seal and shake the bottle vigorously as this will medicate the medicine throughout the water, which can then be sipped. 1 sip = 1 dose. Sip frequently for intense conditions and occasionally for more moderate condition.

Repeat this process of preparing a fresh bottle every few day days, if required. This method is particularly effective when repeat doses is required and helps to prolong your remedy. Remember to shake the bottle before each sip.

Infant = If you have an infant who cannot swallow much liquid, the best practice is to put a spoonful or syringe of the liquid into bub's mouth, just enough to wet the mouth is enough, it does not need to be enough to swallow.

Repeat doses for infants as you would adults, every 15 minutes for intense conditions and every 4 hours for more moderate conditions.

If still no relief, contact me to discuss.

Remember, homeopathy is unlike conventional medicine. It works in support of your body and our own healing abilities, not to suppress symptoms. Healing with homeopathic medicine may take longer than you are used to with allopathic pharmaceuticals.

If full relief is felt, halt any dosing until you feel the symptom again at which time have another dose.

FH = Fibonacci Homochord potency (3c, 5c, 8c, 13c, 21c, 34c, 55c, 89c, 144c & 233c)

SH = Super Homochord potency (8c, 13c, 21c, 34c, 55c, 89c, 144c, 23c, 1M, 10M & 50M)