

Ukraine (now called myre) date? 2019

COSA 2018 - recommended berberine + oregano

sulphation - ES baths

- B12 / folate

- PSP / B6 / mg / ash

- Ca D glucuronate for glucuronidation

- thyroid health

- strengthen gallbladder / taurine + bile / glycine / ash

glyphosate

white haired lady

wrote about her in LNU