Confidential Clinical Notes Mrs Beverley Pabedinskas (DOB: 4/2/1953)

8 Nov 2025 08:58am

Medical Warning

Reminders/Notifications

Clonac (diclofenac sodium) - 2/day; doesn't need during day, so doesn't take Palexia tapentadol - for sleep

Jasmine Langlands - Canning Healthcare Sat, 25 Oct 2025 10:00 am

Subjective:

Relief from last treatment, pain/pressure over left SIJ with pushing off left foot while walking. Discussed Bowen, Dorn; potential acupuncture for friend (Leanne).

Neoclassical

Element: none

- Initial assessment led to LI-11 L, removed, re-needled no change; removed, ST-34 left acupressure; some difficulty with responses, clarified instructions (i.e. tight/tender/ticklish at peak of pressure).
- Acupressure: LR-8 right better than LU/PC > Ht tribe
- ST-36 left

Left the room. Provided buzzer.

Reduction in pressure to left SIJ with walking, pressure persists.

D: L4/5 L, SIJ L;

B: standing sacral.

No history of use collagen; future consideration.

Right Branches

LR, GB, PC

Left Branches

LR, LU