

Medical Warning

Reminders/Notifications

Pure Natal

Myoinositol, vitamin D, CoQ10, Selenium - for 3 months.

Jasmine Langlands - Canning Healthcare

Thu, 4 Sep 2025 5:00 pm

Subjective:

Fertility specialist appointment last Thursday; prolactin elevated - then tubal flush on Tuesday.

Numbers haven't dropped in a year; even though AMH just below what age group should be;

Mastalgia recently since sertraline

1st appointment with gynecologist - prolactin was high; no breast tenderness until last 2 months -

Last period - cycle was late - 28 days; severe acne - things that doesn't usually happen.

In terms of pelvic pain - doesn't feel worse; says mild compared to initial presentation.

Sperm - in healthy range for amount, morphology etc.; discussed potential difference in ranges (ideal vs. acceptable for IVF).

Dr. Atef Saba on side - separate to IVF; Dr. Barrowra at Oasis; has exit plan with Dr. Saba.

Neoclassical

Element: Late Summer

- KI-3 R
- visualisation exercise (river); reported cool water moving towards feet;

Legs: clear

Left the room. Provided buzzer.
