

Medical Warning

Abdominal organs (not reproductive, not heart) in reverse positions (situs inversus).

Reminders/Notifications

Ponstan - prn (Mefenamic acid; NSAID)

Historical:

Premular 18/07; review in 3 months (18/10)

Jasmine Langlands - Canning Healthcare

Tue, 18 Mar 2025 1:10 pm

COMMUNITY ACUPUNCTURE

Lower back has been going well until last night and this morning - shooting pain LHS.

Otherwise going well.

Gynecologist - to talk about ablation; discussed asking re. progesterone-only medication as well (e.g. prometrium). Periods long, heavy; palpitation episodes may be related to perimenopause.

Sleep: good; new mattress.

Energy: good.

Neoclassical

Element: prefers Branches

Branches:

- R: LI, SJ
- L: Lr, LU
- Lu-8 left (actually needled LU-9 - still gave result)

Legs: left cleared, right reduced; ticklish to touch.

Left the room. Provided buzzer.
