

Medical Warning

Abdominal organs (not reproductive, not heart) in reverse positions (situs inversus).

Reminders/Notifications

Ponstan - prn (Mefenamic acid; NSAID)

Historical:

Premular 18/07; review in 3 months (18/10)

Jasmine Langlands - Canning Healthcare

Sat, 19 Apr 2025 9:40 am

Subjective:

Back has been really good; has replaced mattress. Notices when going for long walk - considers due to gait.

Sleep: good; digestion

Mx: not ideal candidate for ablation; 10% chance of nerves growing; avoiding another abdominal surgery. Back to using mirena with gynecologist; drug to relax uterus; if you can cope for 6 months, will be good for 5 years. Did not ask/discuss prometrium; planning to consider prometrium if mirena side effects unworkable.

No headaches/migraines - has been going well.

Neoclassical

Position: seated (table)

Element: preference for arm/leg palpation

Branches:

- Ht-4 L

Legs: clear

Heat lamp to feet.

Left the room. Provided buzzer.

Right Branches

LR, GB, SJ

Left Branches

LI, SJ
