

Jasmine Langlands - Canning Healthcare
Sat, 13 Sep 2025 8:00 am

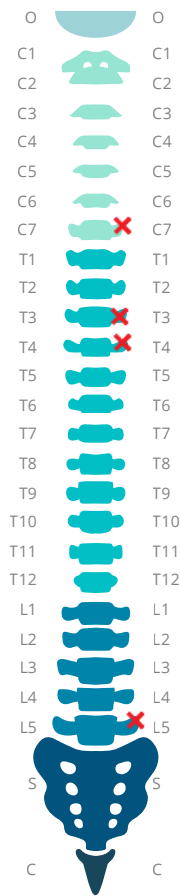
Priority:

MRI for elbow:

- "1. large joint effusion with extensive synovitis in keeping with active inflammatory arthropathy
2. mild to moderate elbow joint chondral loss
3. mild common extensor tendinopathy
4. possible posterior interosseous nerve neuropathy."

Monday - testing for uric acid; querying gout in elbow.
Needing to be pain free in order to exercise; not wanting to rely on short bouts of cortisone; 2 injections in elbow - no effect.
No major difference /change since Oxyguard.
Using protein shakes/smoothies.

Dorn Spinal Therapy



Bowen Therapy Procedures

BRM 1, BRM 2, BRM 3, Respiratory, Kidney, Pelvic, Upper Respiratory, TMJ, Headache, North, West, Scapula, Shoulder, Elbow / Wrist, Forearm, Other - Infraspinatus