

(\$80)

Julie V. (S)

20/10/25

(has H Emerald ~~Blue~~ Milky Kigla)

→ felt lighter instantly

Physically — emotional / oversensitive
— constipated last week
feels stuck / lodged
— v. gassy — bloating, loud
— since childhood

Initially Pk+2 helped a bit. w. better
BNs.

[IGN]

+ sea salt

+ nat mur

future purpose — stim (Stonehenge)