## **Ashleigh van Nierop**

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Date: 13/10/25

To: Dr Burgin

Stirk Medical Edney Road

**RE: Tehani Oakley DOB: 09/08/1986** 

Dear Dr Burgin

I am writing to you regarding Tehani Oakley who is currently under my care at BioSoul Naturopathy.

I am writing to refer Tehani for further assessment of ongoing health concerns. Since July 2024, when she was treated for a chest infection (*Haemophilus influenzae* type b) that progressed to pneumonia and commenced citalopram, Tehani has not felt well. Over the past six months, she has been experiencing mucous in her stool with the occasional black stool, alongside severe nausea, vomiting, diarrhoea, tremor, and sweating.

I would appreciate your clinical evaluation with consideration of stool microscopy for parasites and faecal calprotectin testing. Additionally, I request a review of her citalopram prescription, as Tehani wishes to reduce and eventually discontinue this medication. Given the temporal relationship between commencing citalopram and her current symptoms, there is concern the medication may be contributing to her presentation, particularly the nausea, tremor, and diarrhoea. I understand you work within Medicare guidelines and would value your expert assessment.

Should you require any further information or wish to discuss this patient's care, please do not hesitate to contact me.

I look forward to continuing collaborative care for our mutual patient.

Yours sincerely,

## **Ashleigh van Nierop**

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