CREATED

IP ADDRESS



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* Name

Brett Coates

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* Accidents / Trauma / Surgery / Illness/Injuries AND muscular / Skeletal/ TMJ problems/ Dental

Currently going through tough times personally and professionally.

* Sleep Pattern (Hours per night and quality) AND Medications / supplements:

5-7 hours.
Sertraline > 315h oct 2024
Quetiapine

* Immune system and Allergies / sensitivities / Skin Issues (eczema) :

nil

* Birth & Childhood History/ Behavioural patterns, PMS & Reproductive/hormonal Moods, patterns of feelings and thoughts.

nil

* Bowel Habits: Frequency, time(s), consistency, undigested food or Dietary: ie avoided food groups Bladder: Litres of water per day, Alcohol/coffee

Normal daily morning bowel movements. Water intake is anywhere between 1-3 litres. 2 coffees a day.

Alcohol consumption is maybe 2-3 drinks Fri, Sat, Sun. alcohol free for the rest of the week.

* Relevant family history: Mental illness, physical illness, trauma

Nil

* Respiratory / Heart: ie Asthma, heart palpitations AND Neurological: ie epilepsy, headaches (eye sight, smell, hearing) etc

Wear glasses foe close up reading/computer work. Can sometimes dirty ash trays or cigarette smoke (I am a non-smoker and nobody around me smokes).