## **CREATED**

**IP ADDRESS** 



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\* Name

Donha Lincoln

\* Email

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\* Accidents / Trauma / Surgery / Illness/Injuries AND muscular / Skeletal/ TMJ problems/ Dental

I have arthritis in my ankles/ knee's/ hips and wrist.

\* Sleep Pattern (Hours per night and quality) AND Medications / supplements:

Around 5-6 hours

\* Immune system and Allergies / sensitivities / Skin Issues (eczema):

Eczema

\* Birth & Childhood History/ Behavioural patterns, PMS & Reproductive/hormonal Moods, patterns of feelings and thoughts.

Go through menopause

\* Bowel Habits: Frequency, time(s), consistency, undigested food or Dietary: ie avoided food groups Bladder: Litres of water per day, Alcohol/coffee

Around 3 Litres a day

\* Relevant family history: Mental illness, physical illness, trauma

Heart attack and aneurysms

\* Respiratory / Heart: ie Asthma, heart palpitations AND Neurological: ie epilepsy, headaches (eye sight, smell, hearing) etc

Are we hearing aids