

FRANCESCO GABBA

Massage Consultation

First name

Francesco

Last name

Gabba

SMS Number

+61449170054

Postal address

4 exe ct

Suburb

Beechboro

State

Wa

Postcode

6063

Email address

fremgamassage@gmail.com

Date of birth

Jul 10, 1987

Occupation

Trainer

Do you have Private Health Insurance, if Yes which Fund?

Yes

Referred by (If you have been referred by someone please let us know so we can pass on our gratitude)

By Dani

Your medical history

Are you currently taking any medications?

No

If yes, what?

Are you currently pregnant?

No

If yes, how far along?

Do you have a history of any of the following conditions?

Headaches/migraines

If yes please explain

Migraines in the past

Do you have any allergies including fragrances, lotions, latex or oils?

No

If yes please explain

Your session

Have you had a professional massage before?

Yes

What pressure do you prefer?

Firm

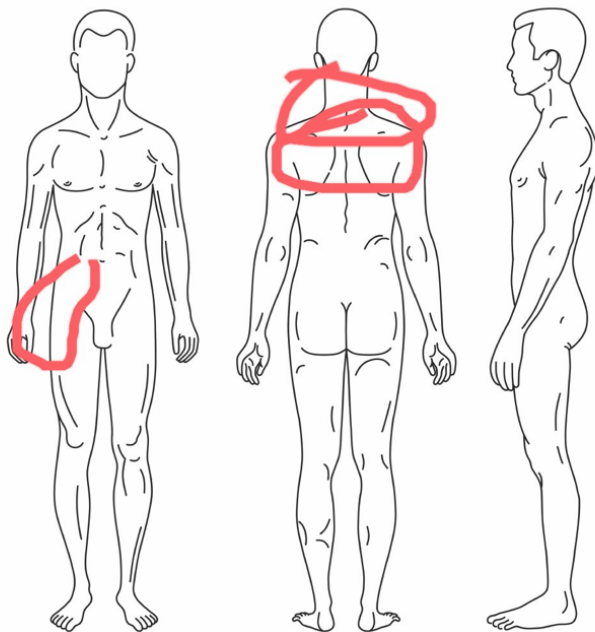
Please indicate any areas of discomfort that you would like us to address

I want to receive SMS messages with the latest updates and specials

No

I have completed this form to the best of my ability and will let my therapist know if any of the information above changes. I understand that massage therapy is not intended to diagnose or treat medical conditions.

Please indicate any areas of discomfort that you would like us to address



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A handwritten signature in black ink, appearing to be 'M H J'.

Initial Ax and First Consult:

9/10/25 - Client is a massage trainer and he works as a PT as well, so lots of physical training. Hx of R hip labral tear over 10years ago not properly treated. Also, had a scan on the last year and he now has spurs on the R hip as well, with now referral pain to the anterio-lateral thigh. Main co today is neck and shoulder pain, with headaches coming from the base of the spine towards the left side of the head. ROM of neck limited in all directions but shoulders WNL. Really wants to address the neck pain. Rx DN + remedial work. DN bilateral IS, SS, Rbs Tx (T11-T12 paraspinals 0.25x40mm level 3 for 12min; Trapsafe for 90s each side 0.25x50mm level 6; Suboccipitals and parietal muscles 0.22x30mm level2 for 10min; Glut Max 025x60mm level 5 for 8min. Followed by PBM with QLs, ES, rotator cuff, Lev scap and traps ti bi but mostly on R. Glus Hamstrings, calves ti on L. Active TrPs for quads/HFs on R. MFR on post neck and SCM as well as subocciptals. Discussed hydration and stretches for the area. DK