

Fri 31 Jan

Completed

ashleigh dudman
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Actions

Fri 31 Jan

14:30

Doesn't repeat
Services

Relaxation Massage (60 Minute)
14:30 • 1h • Tanya McDonald • Sauna Room

+30min blocked

Review

8 months ago

Reply

Notes

Client booked for relaxation pregnancy massage, client advised she has slight hip tightness and dull pain on the left hand side. Client also advised that she does have a history of anxiety and depression.

Sighted pregnancy yellow card, Low risk pregnancy with no high risk factors.

On observation and discussion client has swelling in both her ankles

Treatment.

Light to light/medium Relaxation pregnancy massage on back, arms hands, outside of legs and feet. in side position with pillows to support body.

Post treatment

Advised client to continue drinking water
Forms

COVID 19
Thu 30 Jan • 13:07 • Completed