

Boonwurrung Country, 338 Dandenong Rd, St Kilda East VIC 3183

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26/06/2025

Elemental Collective

RE: Miss Isobel Hayward

23 Jacksons Road Mount Eliza. 3930

DOB: 25/11/2000 , 0427339906 Tel: Medicare: 3551259392, 1

Dear Clinician,

Thank you for seeing Isobel Hayward for an opinion and management. I have underttaken a MHTP today. Please provide 6 initial sessions.

Her current medications are:

Methylphenidate 10mg Capsule, modified release Orphenadrine 100mg Tablet

Palexia IR 50mg Immediate release tablets Palexia SR 50mg Sustained release tablet

Raloxifene 60mg Tablet

2 Capsules Three times a day.

1 Tablet Twice a day.

1 Tablet Daily prn.

max 1 daily, aim for 1 every other day.

1 Tablet Daily.

Allergies:

Amitriptyline Unknown, Mild

Lvrica , Mild Duloxetine , Mild

Past Medical History:

Asthma

Endometriosis

IBS

Gastritis

Raynaud's disease

Osteopenia **ADHD**

ADHD

18/06/2025 Osteopenia Investigations:

Yours faithfully,

Dr Laura Chapman

MBChB, BSc, FRACGP, CWH

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