

BLACKBURN CLINIC

Association Of Independent Medical Practitioners

195 Whitehorse Road, Blackburn, Victoria, 3130

Telephone 9875-1111 Fax 9875-1100

Please note NEW POSTAL ADDRESS:

PO Box 42, Blackburn South, Victoria, 3130

This practice encourages secure email communication between medical professionals via HealthLink:

EDI = blackbun

Please consider as electronically signed any soft copy communication.

Dr Suzanne Ashdown
Dr Andrew Broad
Dr Grant Connoley
Dr Sean Das
Dr Ann Donaghy
Dr Peter Elliott
Dr Emma Fehmel
Dr Scott Gardiner
Dr Elise Harrison
Dr Melanie Hattotuwa
Dr Christopher Ineson
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Dr Alvin Kong

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Dr Praba Ratnarajah
Dr Claire St John
Dr Jasdeep Sandhu
Dr Adrian Tang
Dr Terence Ting
Dr Siobhan Trivers
Dr Yashar Zadeh
Dr Aaron Zhang
Dr Samuel See
Dr Jonathon Telianidis

Mr Bryden Dawes
Level 5, 182 Victoria Parade
East Melbourne 3002
Tel: (03) 9663 5399 Fax: (03) 9663 5299

16/09/2025

Dear Bryden,

Re: Mrs LEIMORE CUNNINGHAM
16/07/1946
20 EUGENIA STREET
NUNAWADING 3131
0433 557 797

Thank you for seeing Mrs LEIMORE CUNNINGHAM, 79 yrs, for your opinion and management. She presented with 3 months of lumbar radiculopathy symptoms (See initial consult notes below). Subsequent MRI showed Baastrup's disease along with disc degenerative disease. Her symptoms are persisting and in this context your input would be greatly appreciated.

Presenting Problem(s):

1. Right leg symptoms

- 3-month history of right leg numbness, heaviness, and tingling
- Symptoms predominantly affect right thigh to right foot, particularly on inside aspect of foot
- Some difficulty walking and balance issues
- Symptoms worsen with prolonged sitting
- Condition deteriorating, with August being worst month
- Recent severe episodes on Friday and Sunday
- During episodes:
 - Foot becomes heavy
 - Requires assistance to walk
 - Needs to point toes down to grip floor
 - Must wait for symptoms to settle or massage affected area
- Pertinent negatives:
 - No urinary difficulties
 - No bowel incontinence
 - Walking generally tolerable except during episodes
- Saw myotherapist who thinks L4/5 compression

Past History as recorded:

1997	ASTHMA
03/05/1999	Oesophagitis
01/03/2001	UTI - recurrent
08/10/2001	Osteoporosis
02/11/2005	EQUIVOCAL RESULT - SCREENING MAMMOGRAM
12/05/2010	Hypertension
12/01/2011	Vitamin D deficiency
25/05/2015	Vaginal atrophy

first presentatn admitted to BHH

Allergies as recorded :

mild right and moderate left neural foraminal stenoses. The central canal appears adequate.

L3/4:

Mild broad based disc bulge and mild bilateral facet joint degeneration, without evidence of associated stenosis.

L4/5:

Mild broad based disc bulge and moderate right and mild left facet joint degeneration, without evidence of associated stenosis.

L5/S1:

Severe bilateral facet joint degeneration, otherwise unremarkable.

Conclusion:

1. Moderate multilevel lumbar disc degenerative disease, as described. This is most prominent at L1/2 where there is severe bilateral neural foraminal stenoses. 2. Moderate to severe Baastrup's disease from L1/2 to L4/5. 3. Mild bilateral SIJ degeneration. 4. A possible hepatic cyst has been partially imaged. Further evaluation with abdominal ultrasound is recommended.

Electronically signed by: Dr Daniel Lee at 10:55 AM Fri, 12 Sep 2025

Yours sincerely,



Dr Terence Ting
MBBS(Hons), B.Physio(Hons), FRACGP
474236AK

Nil known.

Current Medications as recorded

Flixotide 250 CFC-Free 250mcg Inhaler
Ostelin Vitamin D 1000IU Gel Capsule
Prolia 60mg/mL Injection
Ventolin CFC-Free 100mcg/dose Inhaler
Ventolin Nebules 5mg/2.5mL Solution

1 Inhalation In the morning.
2 Capsules Daily.
1-2 Every 4 hours.
1 neb Every 4 hours p.r.n.

Investigations

Cunningham, Leimore
20 Eugenia Street, NUNAWADING VIC. 3131
Birthdate: 16/07/1946 Sex: F Medicare Number: 3112374582
Your Reference: 64.703804 Lab Reference: MPH
Addressee: Dr Terence Ting Referred by: Dr Terence Ting
Name of Test: CT Lumbosacral Spine - no contrast
Requested: 09/09/2025 Collected: 12/09/2025 Reported: 12/09/2025 10:07
Laboratory: Imaging Associates

Patient ID: 64.703804
Dr Terence Ting Order: 64.1933838_1
Folio:
UR Number:

Patient Details: CUNNINGHAM, Ms Leimore ID: 64.703804
DOB: 16/07/1946 Gender: F Acc No: 64.1933838
20 Eugenia Street NUNAWADING VIC UR Number:
3131

Report To: DR T TING COPIES TO:
Suite 2, 195 Whitehorse Road
BLACKBURN VIC 3130

Exam Date: Friday, 12 September 2025
Site: Imaging Associates Mitcham
Private Hospital
Address: 27 Doncaster East Road Mitcham
VIC 3132
Phone: 0388733600

CT LUMBOSACRAL SPINE

Clinical Notes:

Three months of right sided pain from hip region to medial foot with paraesthesia. ? Nerve root compression.

Technique:

Non-contrast scan from T11 to S3.

Report:

Accentuated lumbar lordosis, normal AP alignment. Mild curvature of the lower lumbar spine convex right centred at L4/5. Moderate degenerative endplate changes throughout the lumbar spine, with loss of disc height at T12/L1. The other disc heights and vertebral body heights are preserved. Moderate to severe interspinous degenerative change (Baastrup's disease) from L1/2 to L4/5.

No fractures or destructive osseous lesions. Mild bilateral SIJ degeneration. Mild calcification of the abdominal aorta and bilateral iliac arteries. A possible hepatic cyst has been partially imaged, which measures at least 19mm in size.

T12/L1:

Mild broad based disc bulge and moderate bilateral facet joint degeneration, without evidence of associated stenosis.

L1/2:

Mild broad based disc bulge and mild bilateral facet joint degeneration causes severe bilateral neural foraminal stenoses. The central canal appears adequate.

L2/3: