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Dear Doctor,

**RE: Lei Cunningham (DOB: 16/07/1946)**

Thank you for seeing Mrs Cunningham who presented to me with complaints of paresthesia and heaviness affecting her right lower leg and foot. She reports that this started roughly 3 months ago but that it has recently worsened and is affecting walking. Her discomfort is aggravated by sitting. No back pain is reported.

There is no known cause for onset of her symptoms. Historically she has fractured her right foot due to an inversion injury and also suffered a hard fall onto her coccyx. She has reported no change in bowel or bladder function and her issue is not reported to affect sleep.

On examination I note increased curvature of her spine. Patella tendon reflexes appear normal both left and right, while achilles reflexes were difficult to test due to positioning. On palpation she displays tenderness around her lumbar spine and popliteal region with increased paresthesia symptoms with popliteal palpation.

Ankle Range-of-motion testing is reasonable in plantarflexion and dorsiflexion, however inversion is somewhat difficult and eversion has reduced strength and function.

Preliminary assessment is suggesting nerve compression so I have suggested that investigation is required to determine the cause of her compression. I believe it would be helpful to assess for nerve root involvement and/or further testing as you feel appropriate to discuss with Mrs Cunningham.

I look forward to receiving a copy of any results or findings.

Kind Regards,

**Sally Aspinall**

**Myotherapist**