

Mavis

Mum: Teegan

8 years old (almost 9)

Deeply feeling kid

Struggling with big emotions when at home (starting to spill out at school which they are concerned about). Main emotion is crying

Struggling with friendship group of 3 girls – been friends since prep

Parents are trying to teach her to be ok with sharing her friends. If her two other friends want to catch up without her it's ok.

Think there may be some unprocessed grief of the family puppy they had to get rid of as the puppy was aggressive. She loves dogs. This happened about 12? months ago. She brought it up the other day and Mavis and her mum had a big cry.

Also an incident at school Sept last year. A grade 5 girl jumped on her and fell on her knee. She had to have knee surgery. She had her last appointment in April where she got the all clear that she can go back to all activities. However PCL is still torn and she may require further surgery when 13. Mum mentioned they hadn't dealt with it the right way. Not sure what she meant by this.

ASD suspicion. Her teacher said she might be masking. She is going to get more details at an upcoming meeting with the teacher.

I asked whether she has anxiety – said she think she might. Mum has anxiety and went off her meds when Mavis was born (just forgot to take them), she thinks she suffered from post partum depression. Mavis gets a bit anxious leaving the house and is a home body, mum and dad are home bodies too.

I asked about learning difficulties: said she struggles with learning. She is more creative – loves drawing. She gets frustrated when they try to get her to learn.

Has been to a Kinesiologist before and responded well. She liked the crystals.

# Client Intake Form

Date: .....

Name: ..... email: .....

Date of Birth: 23/8/2016. Age: ..... Gender: .....

Parents Names: .....

Referred by: .....

Reason for consultation:

## Birth complications:

C-section? had flu, vaginal - brother 6 1/2  
jaundice 2 Archie.  
postnatal depression

## 0-5:

Did you crawl? bum shuffle,

Any developmental delays? language early

Did you experience frequent ear infections at around 18 months when language developing?

yes - and ruptured ear.  
shy baby,

## 5-15:

wets the bed at night

Learning difficulties?

emotionally intelligent + picking up on other  
people's emotions.

self doubt / self abusing

**Current or chronic pain:**

Location of pain:	
Rate the pain out of 10	
How long have you had it?	
Type: sharp knife like, dull	
Better or worst with palpation?	
What makes pain better/worse?	
What was happening in your life when it started?	
Notes	

**Sleep:**

Hours:	
Sleep: light/average/deep	
Awake: refreshed/tired	
Trouble staying asleep:	
Go to toilet during night:	
Difficulty falling asleep:	
Notes:	set alarm to go to bed. bed wetting. goes to sleep with HV

**Menstrual Cycle:**

Regular/heavy/light:	
Colour:	
PMT/Pain:	
Length of cycle	
Clots:	
Notes	

**Digestion:**

Bloating, reflux, regurgitation:	
Constipation/diarrhoea:	
Bowel movements	
Appetite:	
Notes	poo regular. constipation as baby first since toilet training

**Your Overall Health:**

**Current or previous illness:**

Details:	
Age it started:	
What was happening in your life when this occurred?	

**Stress Level:**

Rate out of 10	
What is causing you stress right now?	
Notes	

**Energy Levels:**

6/10.

Rate out of 10	
Wake up refreshed/afternoon slump?	
Notes	



**Diet:**

Breakfast	chocolate crossaint high iron bread,
Morning Tea	dried noodles, flavar potato sticks, sa veg.
Lunch	bananas, fruit raw carrot only.
Afternoon Tea	lunch: butter roll,
Dinner	pizza, sausage, roll, toffee candy + fruit
Drinks	
Supplements	NO.
Notes	

**Other Factors:**

Current Therapy	No,
Past Therapy	Kinesiology, Chiro -
Allergies	
Prescribed drugs	Seflaxain - Urinary infection no. melatonin 1/4.

Marching

Eye tracking

Reflexes

Moro

ATNR

Spinal Galant

STNR