

Condition Assessment

Client Name: Anne O'Connell

Date: 23/11/2022

Reason for visit/Update:

Tore R glut med whilst awaiting R hip replacement, was OS had to go home immediately for the surgery.
Type 2 diabetes for last 20 years, saw specialist this week, needs to take action to address.
In need of relaxation and stress relief.

Location:	
Onset: (How)	
Duration: (Constant vs fluctuating)	
Quality:	
Severity: (1-10 / sleep)	

Official diagnosis, scan or report: Yes/No

Radiating pain: Yes/No

Pain relief or relevant medication: Yes/No

Current exercises/sports/activities: Yes/No

Contraindications: Yes/No

Physical Assessment Performed and Results:

Post Treatment:

Suspected Condition/Presentation:

Treatment Plan

Consent Provided: Yes / No
Prone: back, back of legs and feet.
Gentle, effleurage and soothing strokes and pace.

Treatment Observations

Varicose veins in R leg – avoided, effleurage only.

Follow Up and Advice

Practitioner: Sarah Davis