

Mary Majer

DOB 4 May 1949
Occupation Retired

Appointments

Date	Time	Type	Practitioner
19 Jun 2024	2:30PM – 3:30PM	REBOOKING - 60 minute Massage	Christine Jervis
5 Jun 2024	2:30PM – 3:30PM	REBOOKING - 60 minute Massage	Christine Jervis
20 Sep 2019	11:30AM – 12:00PM	60 minute Massage	Marina Franke
1 Jul 2019	2:30PM – 3:30PM	60 minute Massage	Marina Franke
19 Jun 2019	2:30PM – 3:30PM	60 minute Massage	Marina Franke
22 May 2019	1:00PM – 2:00PM	60 minute Massage	Marina Franke
1 May 2019	2:30PM – 3:30PM	60 minute Massage	Marina Franke
11 Mar 2019	10:30AM – 11:30AM	60 minute Massage	Marina Franke
22 Feb 2019	1:00PM – 2:00PM	60 minute Massage	Marina Franke
13 Feb 2019	1:00PM – 2:00PM	60 minute Massage	Marina Franke
6 Feb 2019	9:30AM – 10:30AM	60 minute Massage	Marina Franke
25 Jan 2019	11:00AM – 12:00PM	60 minute Massage	Marina Franke
26 Nov 2018	1:30PM – 2:30PM	60 minute Massage	Marina Franke
21 Nov 2018	11:00AM – 12:00PM	60 minute Massage	Marina Franke
12 Nov 2018	3:00PM – 4:00PM	60 minute Massage	Marina Franke
7 Nov 2018	2:30PM – 3:30PM	60 minute Massage	Marina Franke
14 Sep 2018	2:30PM – 3:30PM	60 minute Massage	Marina Franke

Date	Time	Type	Practitioner
13 Aug 2018	11:30AM – 12:30PM	60 minute Massage	Marina Franke
25 Jul 2018	1:00PM – 2:00PM	60 minute Massage	Marina Franke
16 Jul 2018	1:30PM – 2:30PM	60 minute Massage	Marina Franke
25 Jun 2018	1:30PM – 2:30PM	60 minute Massage	Marina Franke
4 Jun 2018	1:30PM – 2:30PM	60 minute Massage	Marina Franke
17 Apr 2018	10:00AM – 11:30AM	90 minute Pregnancy Massage Consultation and Appointment	Marina Franke

Treatment Notes

Standard Consultation - Remedial Massage

Practitioner: Christine Jervis

Appointment: 19 Jun 2024, 2:30PM

Created: 14 Jul 2024, 10:26PM

Last updated: 14 Jul 2024, 10:27PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info)

What's going on now -sore in shoulders/back.

Medication or relevant procedures / info identified that may affect the massage.

Prescription Medication; Blood Thinners Used; Heart / Lung / Organ problem; Red Flags

Details of Medications / Red Flags / Precautions needed etc (i.e. conditions listed above)-

Heart problems. Pacemaker

Assessment / Testing done (including ROM) / Observations

Verbal consent obtained.
ROM - not checked today
Anything noteworthy - no
Anything specific to massage (E.g. no foot massage) - pacemaker

Treatment details - what was done today to help the client

Pressure used -2
Music - Ian Cam Smith
Aromatherapy Massage oil - Lavender
Spritzer - Joyful

Remedial techniques - shoulders especially

Hot Pack	Lower Body
Hot Stones	2 x Hips; 2 x Back/Shoulders; Cold stones on face
Hot Wet Towels	Feet; Face
Topical Treatment	Fisiocrem shoulders/neck
What parts of the body were massaged?	Full Body Treatment; Stomach; Gluteals / Lower Back; Neck / Shoulders; Arms - Supine; Legs - Prone; Legs - Supine; Feet; Head / scalp; Face / sinuses
Where any specific trigger points used?	Rhomboids; Upper Traps
Body Chart	
Feedback after treatment -	Client liked massage
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	Discussed getting some regular treatment to help with stress and attention.
Infra-Red Sauna (if applicable - info is below)	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Christine Jervis
Appointment: 5 Jun 2024, 2:30PM
Created: 5 Jun 2024, 3:43PM
Last updated: 5 Jun 2024, 3:46PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info)	What's going on now -sore
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication; Blood Thinners Used; Heart / Lung / Organ problem; Red Flags
Details of Medications / Red Flags / Precautions needed etc (i.e. conditions listed above)-	Heart problems. Pacemaker
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - not checked today Anything noteworthy - no Anything specific to massage (E.g. no foot massage) - pacemaker

Treatment details - what was done today to help the client	Pressure used -2 Music -Ken Davis Aromatherapy Massage oil - Lavender Spritzer - Joyful Remedial techniques - shoulders eapecially
Hot Pack	Lower Body
Hot Stones	2 x Hips; 2 x Back/Shoulders; Cold stones on face
Hot Wet Towels	Feet; Face
Topical Treatment	Fisiocrem shoulders/neck
What parts of the body were massaged?	Full Body Treatment; Stomach; Gluteals / Lower Back; Neck / Shoulders; Arms - Supine; Legs - Prone; Legs - Supine; Feet; Head / scalp; Face / sinuses
Where any specific trigger points used?	Rhomboids; Upper Traps
Body Chart	
Feedback after treatment -	Client enjoyed hot stones and cold
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	Discussed getting some regular treatment to help with stress and attention.
Infra-Red Sauna (if applicable - info is below)	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 20 Sep 2019, 11:30AM
Created: 20 Sep 2019, 12:30PM
Last updated: 20 Sep 2019, 12:36PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info)

What's going on now -got a pace maker 1st July 2019, swelling gone down finally
 R middle finger hurts occasionally, swollen at base-thinks it's arthritis
 (R hip ache generally. L shoulder-lying on it, can't lay on R since previous operation) L
 also becoming more uncomfortable,
 Feedback from previous treatment - heart and chest issues since then

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication; Heart / Lung / Organ problem
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment -fisio on R hands = middle finger hurts occasionally Music -Tribal mix Aromatherapy-tangerine/mandarin
What parts of the body were massaged?	Full Body Treatment; Neck / Shoulders; Arms - Prone; Legs - Prone; Legs - Supine; Feet; Head / scalp; Face / sinuses
Where any specific trigger points used?	
Feedback after treatment -	relaxed, (surprise massage as clients didn't show)
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 1 Jul 2019, 2:30PM
Created: 1 Jul 2019, 2:28PM
Last updated: 1 Jul 2019, 3:48PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info) What's going on now -getting a pace maker tomorrow
(R hip ache generally. L shoulder-lying on it, can't lay on R since operation) L also becoming more uncomfortable, Stressed-holiday soon
Feedback from previous treatment - heart and chest issues since then

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment -fisio on hands to breath in prone Music -Tribal mix Aromatherapy-tangerine
What parts of the body were massaged?	Full Body Treatment; Stomach; Neck / Shoulders; Arms - Prone; Arms - Supine; Legs - Prone; Legs - Supine; Feet; Head / scalp; Face / sinuses
Where any specific trigger points used?	
Feedback after treatment -	relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 19 Jun 2019, 2:30PM
Created: 19 Jun 2019, 2:20PM
Last updated: 19 Jun 2019, 3:44PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info) What's going on now -Sleep ap test last night=tired, getting a pace maker in 2 weeks (R hip ache generally. L shoulder-lying on it, can't lay on R since operation) L also becoming more uncomfortable, Stressed-holiday soon
Feedback from previous treatment - heart and chest issues since then

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment -fisio on hands to breath in prone Music - Ian CS mix Aromatherapy-pep euc/rosemary
What parts of the body were massaged?	Full Body Treatment; Stomach; Neck / Shoulders; Arms - Prone; Arms - Supine; Legs - Prone; Legs - Supine; Feet; Head / scalp; Face / sinuses
Where any specific trigger points used?	
Feedback after treatment -	relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 22 May 2019, 1:00PM
Created: 22 May 2019, 2:20PM
Last updated: 24 May 2019, 12:21PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info) What's going on now -(R hip ache generally. L shoulder-lying on it, can't lay on R since operation) L also becoming more uncomfortable, Stressed-holiday soon
 Feedback from previous treatment - heart and chest issues since then

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment -fisio on hands to breath in prone Music - my phone, amp not working Aromatherapy-pep euc/rosemary
What parts of the body were massaged?	Full Body Treatment; Stomach; Neck / Shoulders; Arms - Prone; Arms - Supine; Legs - Prone; Legs - Supine; Head / scalp; Face / sinuses
Where any specific trigger points used?	
Feedback after treatment -	relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 1 May 2019, 2:30PM
Created: 1 May 2019, 3:30PM
Last updated: 1 May 2019, 3:37PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info) What's going on now -(R hip ache generally. L shoulder-lying on it, can't lay on R since operation) L also becoming more uncomfortable
 Feedback from previous treatment - heart and chest issues since then

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment -fisio on hands to breath in prone Music = Sacred Earth mix Aromatherapy -tangerine
What parts of the body were massaged?	Full Body Treatment; Stomach; Neck / Shoulders; Arms - Prone; Arms - Supine; Legs - Prone; Legs - Supine; Head / scalp; Face / sinuses
Where any specific trigger points used?	
Feedback after treatment -	relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 11 Mar 2019, 10:30AM
Created: 11 Mar 2019, 11:32AM
Last updated: 11 Mar 2019, 11:41AM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info) What's going on now -(R hip ache generally. L shoulder-lying on it, can't lay on R since operation) sore throat, busy weekend
Feedback from previous treatment - feeling good

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment -fisio on hands to breath in prone Music instrumental Aker Bill Aromatherapy -tangerine
What parts of the body were massaged?	Full Body Treatment; Stomach; Neck / Shoulders; Arms - Prone; Arms - Supine; Legs - Prone; Legs - Supine; Head / scalp; Face / sinuses
Where any specific trigger points used?	Upper Traps; Lev Scaps
Feedback after treatment -	relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 22 Feb 2019, 1:00PM
Created: 22 Feb 2019, 2:03PM
Last updated: 22 Feb 2019, 2:03PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info) What's going on now -(R hip ache generally. L shoulder-lying on it, can't lay on R since operation) Today-a little tired, eye stress
Feedback from previous treatment - feeling good

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment - Music -Ian CS Aromatherapy -rosemary/pep euc
What parts of the body were massaged?	Full Body Treatment; Neck / Shoulders; Arms - Prone; Arms - Supine; Legs - Prone; Legs - Supine; Head / scalp; Face / sinuses
Where any specific trigger points used?	Upper Traps; Lev Scaps
Feedback after treatment -	relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 13 Feb 2019, 1:00PM
Created: 13 Feb 2019, 2:05PM
Last updated: 13 Feb 2019, 2:06PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info) What's going on now -(R hip ache generally. L shoulder-lying on it, can't lay on R since operation) Today-a little tired, eye stress
Feedback from previous treatment - feeling good

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment - Music - Instrumental Aromatherapy -mandarin
What parts of the body were massaged?	Full Body Treatment; Neck / Shoulders; Arms - Prone; Arms - Supine; Legs - Prone; Legs - Supine; Head / scalp; Face / sinuses
Where any specific trigger points used?	Upper Traps; Lev Scaps
Feedback after treatment -	relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 6 Feb 2019, 9:30AM
Created: 6 Feb 2019, 10:47AM
Last updated: 6 Feb 2019, 10:48AM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info) What's going on now -(R hip ache generally. L shoulder-lying on it, can't lay on R since operation) Today-a little tired, stressed by neighbour
Feedback from previous treatment - feeling good

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment - Music - Instrumental Aromatherapy -tangerine/mandarin
What parts of the body were massaged?	Full Body Treatment; Neck / Shoulders; Arms - Prone; Arms - Supine; Legs - Prone; Legs - Supine; Head / scalp; Face / sinuses
Where any specific trigger points used?	Upper Traps; Lev Scaps
Feedback after treatment -	relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 25 Jan 2019, 11:00AM
Created: 25 Jan 2019, 12:08PM
Last updated: 25 Jan 2019, 12:09PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info) What's going on now -(R hip ache generally. L shoulder-lying on it, can't lay on R since operation) Today-a little tired
Feedback from previous treatment - feeling good

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment - Music - Instrumental Aromatherapy -tangerine
What parts of the body were massaged?	Full Body Treatment; Neck / Shoulders; Arms - Prone; Arms - Supine; Legs - Prone; Legs - Supine; Head / scalp; Face / sinuses
Where any specific trigger points used?	Upper Traps; Lev Scaps
Feedback after treatment -	relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 26 Nov 2018, 1:30PM
Created: 26 Nov 2018, 1:26PM
Last updated: 26 Nov 2018, 2:44PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info) What's going on now -(R hip ache generally. L shoulder-lying on it, can't lay on R since operation) Today-generally tired
Feedback from previous treatment - feeling good

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment - Music - nature Aromatherapy -mandarin
What parts of the body were massaged?	Full Body Treatment; Neck / Shoulders; Arms - Prone; Arms - Supine; Legs - Prone; Legs - Supine; Head / scalp; Face / sinuses
Where any specific trigger points used?	Upper Traps; Lev Scaps
Feedback after treatment -	relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 21 Nov 2018, 11:00AM
Created: 21 Nov 2018, 12:14PM
Last updated: 21 Nov 2018, 12:15PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info) What's going on now -(R hip ache generally. L shoulder-lying on it, can't lay on R since operation) Today-generally stressed & sore
Feedback from previous treatment - feeling good

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment - Music - relax Aromatherapy -mandarin
What parts of the body were massaged?	Full Body Treatment; Neck / Shoulders; Arms - Prone; Arms - Supine; Legs - Prone; Legs - Supine; Head / scalp; Face / sinuses
Where any specific trigger points used?	Upper Traps; Lev Scaps
Feedback after treatment -	relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 12 Nov 2018, 3:00PM
Created: 12 Nov 2018, 2:34PM
Last updated: 12 Nov 2018, 2:35PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info) What's going on now -(R hip ache generally. L shoulder-lying on it, can't lay on R since operation) Today-generally stressed & sore
Feedback from previous treatment - feeling good

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment - Music modern Aromatherapy -tangerine
What parts of the body were massaged?	Full Body Treatment; Neck / Shoulders; Arms - Prone; Arms - Supine; Legs - Prone; Legs - Supine; Head / scalp; Face / sinuses
Where any specific trigger points used?	Upper Traps; Lev Scaps
Feedback after treatment -	relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 7 Nov 2018, 2:30PM
Created: 7 Nov 2018, 5:03PM
Last updated: 9 Nov 2018, 5:02PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info) What's going on now -(R hip ache generally. L shoulder-lying on it, can't lay on R since operation) Today-generally stressed & sore
Feedback from previous treatment - feeling good

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment - Music -instrumental Aromatherapy -tangerine
What parts of the body were massaged?	Full Body Treatment; Neck / Shoulders; Arms - Prone; Legs - Prone; Legs - Supine; Head / scalp; Face / sinuses
Where any specific trigger points used?	Upper Traps; Lev Scaps
Feedback after treatment -	relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 13 Aug 2018, 11:30AM
Created: 13 Aug 2018, 11:29AM
Last updated: 13 Aug 2018, 12:56PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info) What's going on now -(R hip ache generally. L shoulder-lying on it, can't lay on R since operation) Today-L shoulder P as above, stressed re fashion parade
Feedback from previous treatment - feeling good

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment - Music -Kenny G Aromatherapy -tangerine
What parts of the body were massaged?	Full Body Treatment; Neck / Shoulders; Arms - Prone; Legs - Prone; Legs - Supine; Head / scalp; Face / sinuses
Where any specific trigger points used?	Upper Traps; Lev Scaps
Feedback after treatment -	L teres area- red skin relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 25 Jul 2018, 1:00PM
Created: 25 Jul 2018, 1:04PM
Last updated: 25 Jul 2018, 2:04PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info) What's going on now -(R hip ache generally. L shoulder-lying on it, can't lay on R since operation)
Feedback from previous treatment - feeling good

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment - Music -guitar/sax Aromatherapy -mandarin
What parts of the body were massaged?	Full Body Treatment; Arms - Prone; Legs - Prone; Legs - Supine; Head / scalp; Face / sinuses
Where any specific trigger points used?	Upper Traps; Lev Scaps
Feedback after treatment -	relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 16 Jul 2018, 1:30PM
Created: 18 Jul 2018, 12:30PM
Last updated: 18 Jul 2018, 12:32PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info)
 What's going on now -(R hip ache generally. L shoulder-lying on it, can't lay on R since operation) today=medial lower L leg, ? from socks
 Feedback from previous treatment - feeling good

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag *
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment - Music -Ian CS Aromatherapy -mandarin
What parts of the body were massaged?	Full Body Treatment; Arms - Prone; Legs - Prone; Legs - Supine
Where any specific trigger points used?	Upper Traps; Lev Scaps
Feedback after treatment -	relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Standard Consultation - Remedial Massage

Practitioner: Marina Franke
Appointment: 25 Jun 2018, 1:30PM
Created: 25 Jun 2018, 1:04PM
Last updated: 25 Jun 2018, 2:29PM

Standard Consultation - Remedial Massage

Presenting complaint (relevant medical history or client info)

What's going on now -R hip ache generally. L shoulder-lying on it, can't lay on R since operation
 Feedback from previous treatment - feeling good

Details of Medications / Red Flags etc (i.e. conditions listed above)-	long term hip ache since gall bladder removed Christmas 2016. Feeling better with massages.
Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication
Details of Medications / Red Flags etc (i.e. conditions listed above)-	Zantac, Vit D, Gall bladder removed. Eye operations-NO eye bag please
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - Anything noteworthy - Any precautions / Red Flags - Anything specific to massage - No Eye bag
Treatment details - what was done today to help the client	Pressure used -firm Hot Stones -4 Hot Wet Towels -2 Cupping area - Topical Treatment - Music -orchestra Aromatherapy -tangerine
What parts of the body were massaged?	Full Body Treatment
Where any specific trigger points used?	Upper Traps; Lev Scaps
Feedback after treatment -	relaxed
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	
Infra-Red Sauna	
Time in Sauna (minutes) -	
Feedback after treatment -	

Initial Consultation - Remedial Massage

Practitioner: Marina Franke

Appointment: 17 Apr 2018, 10:00AM

Created: 19 Apr 2018, 10:45PM

Last updated: 20 Apr 2018, 9:20AM

Initial Consultation - Remedial Massage Appointment

Presenting complaint (relevant medical history or client info)

What's going on now -testing

Any previous treatment - yes

Medication or relevant procedures / info identified that may affect the massage.	Prescription Medication; Injury; Heart / Lung / Organ problem; Red Flags; Further investigation needed; Referral Required
Assessment / Testing done (including ROM) / Observations	Verbal consent obtained. ROM - test Anything noteworthy -
Treatment details - what was done today to help the client	Pressure used -test Hot Stones - Hot Wet Towels - Cupping area - Topical Treatment - Music - Aromatherapy -
What parts of the body were massaged?	Full Body Treatment; Stomach; Gluteals / Lower Back; Neck / Shoulders; Arms - side-lying; Legs - Prone; Head / scalp; Face / sinuses
Where any specific trigger points used?	Rhomboids; Upper Traps; Glutes
Feedback after treatment -	test
Plan for future results / treatment / progress / homework (including discussion with client, advice, stretches)	test

Patient Forms

There are no patient forms for Mary Majer.

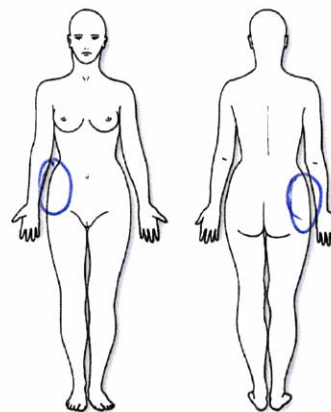


Personal Information – your honest info helps plan the best treatment for you.			
Full Name MARY MAJER			Date of Birth 04-05-1949
Postal Address 47 LYNDEL DRIVE WOREE QLD			
Home Phone 40331298	Work Phone —	Mobile 0438162767	
Email Address			
Emergency Contact Details – Name and Number			
Occupation – how long?	Current Doctor DR MARK LAWS	Health Fund BUPA	
How did you find out about us? Who referred you? YOURSELF CARISTINE		May I thank them for referring you? Yes No	
Please circle: what is the fastest / best way to get a response from you? (E.g. when confirming a massage) Text Message Home Telephone Work Telephone Email Facebook Message			
Physical activities / hobbies / exercise. Do you sit or stand for long hours? (E.g. computer/driving) WALKING NO			
Medications – prescribed or natural: ZANTAC VITAMIN D			
Medical History (Operations / Illnesses / Accidents / Injuries) GAUK BLADDER			
Please circle any areas you DON'T want massaged Face Head Chest Stomach Back Buttocks Arms Legs Feet			
Please circle what type of massage pressure you prefer: Gentle Firm Hard Very Hard			

Some conditions affect massage. Please tick and circle things below that apply to you NOW.

- ☐ Allergies / Asthma / Sinus / Skin sensitivity
- ☐ Any contagious disease / Cold / Flu
- ☐ Anxiety / Depression
- ☐ Arthritis / Bone or Spinal problems / Osteoporosis
- ☐ Bruise Easily / Blood clotting problems / Swelling
- ☐ Cancer / Recent Illness / Surgery
- ☐ Diabetes ☐ TYPE 1 ☐ TYPE 2 ☐ GESTATIONAL
- ☐ Dizziness / Numbness / Tingling / Cold hands / Cold feet
- ☐ Fractured bones / Cuts / Burns
- ☐ Headache ☐ MILD ☐ SEVERE ☐ PERSISTENT
- ☐ Hearing or Vision problems / Hearing Aid / Contact lenses
- ☐ Heart Problems / Blood Pressure ☐ HIGH ☐ LOW
- ☐ Pain ☐ SHARP ☐ DULL ☐ ACHING
- When is your pain worst? ☐ MORNING ☐ NIGHT ☐ ALL THE TIME
- What relieves it? ☐ ICE ☒ HEAT ☐ REST ☐ MOVEMENT
- ☐ MEDICATION ☐ TOPICAL CREAM ☐ other -

Please circle any areas of soreness or pain on the body chart:



Any extra health details:

Menstrual and Fertility Conditions – please tick (or enter) what applies to you	
<input type="checkbox"/> Painful Periods	<input type="checkbox"/> PCO (Polycystic ovaries)
<input type="checkbox"/> Irregular Periods	<input type="checkbox"/> PCOS (Polycystic Ovarian Syndrome)
<input type="checkbox"/> Excessive Bleeding (>1pad/tampon per/hr)	<input type="checkbox"/> POF (Premature Ovarian Failure)
<input type="checkbox"/> Fibroids	<input type="checkbox"/> Endometriosis
<input type="checkbox"/> Painful Ovulation	<input type="checkbox"/> Failure to Ovulate
<input type="checkbox"/> Miscarriage (once)	<input type="checkbox"/> Low AMH
<input type="checkbox"/> Recurrent miscarriage	<input type="checkbox"/> Retroverted or inverted uterus
<input type="checkbox"/> Other -	

Symptoms experienced prior to and during menstruation	
<input type="checkbox"/> Lower back ache	<input type="checkbox"/> Change in bowels <input type="checkbox"/> Constipation <input type="checkbox"/> Diarrhoea
<input type="checkbox"/> Headaches	<input type="checkbox"/> Pain / numbness in legs <input type="checkbox"/> left leg <input type="checkbox"/> right leg
<input type="checkbox"/> Dizziness	<input type="checkbox"/> Cramps <input type="checkbox"/> left side <input type="checkbox"/> right side <input type="checkbox"/> lower abdomen
<input type="checkbox"/> Dragging sensation	<input type="checkbox"/> Dark thick blood at beginning of menstruation
<input type="checkbox"/> Heaviness or pressure in lower pelvis	<input type="checkbox"/> Dark thick blood at the end of menstruation
<input type="checkbox"/> Increased urination	<input type="checkbox"/> Blood clots
<input type="checkbox"/> Anything else you notice -	

Pregnancy and birth history	
Are you currently trying to get pregnant? If yes, how long have you been actively trying?	
Are you under treatment for infertility? i.e. IVF	
How many pregnancies have you had? <u>4</u>	
Number of deliveries? How long were your birth hours for each delivery?	
How would you describe your experiences or feelings about your: <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Pregnancy <input checked="" type="checkbox"/> Labour/delivery <input checked="" type="checkbox"/> Post-partum recovery 	
Did you have any interventions / complications?	
Please tick what applies to your experiences:	
<input checked="" type="checkbox"/> Natural Birth <u>(1)</u>	<input checked="" type="checkbox"/> C-section <u>2</u>
<input type="checkbox"/> Water Birth	<input type="checkbox"/> Termination
<input type="checkbox"/> Epidural / Pethidine	<input type="checkbox"/> Miscarriage
<input checked="" type="checkbox"/> Forceps / Ventouse <u>(1)</u>	<input type="checkbox"/> Ectopic



Reasons for your visit

Do you have any particular goals for your massage treatments?

What is your primary concern? Does it interfere with your sleep, work, relationships or everyday life?

Important personal questions...

Do have any digestive complaints? E.g. Constipation (going <1 per day), diarrhoea, hard or loose bowel movements, abdominal pain, bloating or discomfort.

REFLEX -

How well is your bladder working? Any infections or bladder weakness, difficulty experiencing orgasms, trouble when you sneeze or do you need to urinate frequently?

No

Any falls / injuries to your sacrum, tailbone or head?

No

Have you had any surgery on your abdomen / lower back?

Trauma is stored at a cellular level in the body and some massage techniques can affect your body's response (and your emotional state) so it's important for a therapist to understand your body's history. Have you witnessed or experienced any emotional abuse, physical abuse or trauma in your life?

Do you fall asleep easily and how well are you sleeping through the night?

1/2 hour to 1 hour to fall asleep, ALWAYS get up at least once during the night

Have you told your doctor or health practitioner about starting massage treatment? Yes No

Please read, confirm and sign

- ☒ I understand massage treatment is not a replacement for medical care.
- ☒ Massage therapists do not diagnose illness/disease or perform thrust manipulations.
- ☒ I will keep my massage therapist updated on any changes to this information and my health.

Client Signature *Mary Major*

Date 28.03-2018

Therapist Signature *[Signature]*

Date 28/3/18



PLEASE READ THIS INFORMATION CAREFULLY

Every massage treatment has potential risks...

Such as causing pain, muscular discomfort, fatigue, bruising, infection, burns (from heat therapy), feeling sleepy, fainting, aggravating existing conditions, creating an aromatic response (irritating/photo-sensitising skin), causing blood pressure changes or interacting with medications.

To minimise possible risk, you must:

Be honest

About all the information you provide regarding your health: especially for heart, kidney, immune or health problems or if you are pregnant/breastfeeding or trying to get pregnant. Massage should not be performed under certain medical conditions.

Tell your therapist

If you have sensitive skin, bruise easily, have any known health problems, if the temperature becomes unbearable (too hot or cold), if the massage pressure level is too intense or if you become uncomfortable or feel unwell at any stage during a treatment.

After treatment

It is common to feel relaxed or sleepy – please get up very slowly from the treatment table and give yourself time to adjust before driving/using stairs. Keep well hydrated with water especially in the 24-48 hours after treatment. Delay your shower for 2 hours to help essential oils keep working.

Please read, confirm and sign

- ☒ I understand there are possible significant risks, complications and side-effects to any treatment I receive.
- ☒ I know that the therapist and I both have the right to refuse or stop any treatment at any time.
- ☒ I have the right to ask for further information or to refuse treatment of breast, buttock or groin areas.
- ☒ I agree to read the information brochure I will be given to take home at the end of my first treatment.

It may be necessary to discuss your condition and/or treatment with your doctor, physiotherapist or referring health care practitioner - you will be informed if this occurs.

Do you agree to such discussion to improve your health? ☐ Yes ☐ No

Client Signature

Mary Majer

Client Name

MARY MAJER

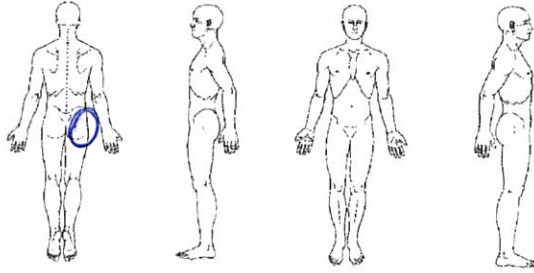
Date 28-3-2018

TREATMENT NO 

DATE: 31/10/18
TIME: 1:45
PAID:
REC.No:
AIR TEMP: 22
MUSIC:
FACE CREST:
SUPINE SCENT: Lemon
OIL BLEND:
HT: Feet / tang. Chest
CST:
HST: glutes
v-back.
EXTRA:
NEXT APPT:

S = ② hip.

Mary



O/A:

☒ Full Body ☐ STOMACH
ARMS ☒ Prone ☐ Supine LEGS ☒
TP
Fx ☒ Talked ☒ Quiet Breathing
ROM
FBACK

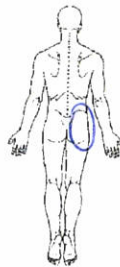
P = ② hip sore since gallbladder removed Christmas 2016

TREATMENT NO



S = Ready to relax. A little extra time on hip.

Mary M



O/A:

☐ Full Body ☐ STOMACH

ARMS ☐ Prone ☐ Supine LEGS

TP

Fx

☐ Talked ☐ Quiet

ROM

FBACK

Breathin

P = med

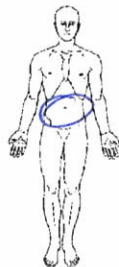
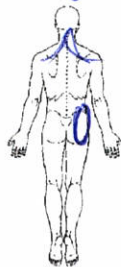
DATE: 14/2/18
TIME: 1pm 1hr
PAID:
REC.No:
AIR TEMP: 23
MUSIC: mass tones
FACE CREST:
SUPINE SCENT: lemon.
OIL BLEND:
mand / tang
HT: feet close
CST
HST: glutes
v-back
EXTRA

TREATMENT NO. 

S = (12) hip. neck + shoulders

DATE: 28/3/18
TIME: 2.15 hr
PAID: _____
REC.No: _____
AIR TEMP: 23
MUSIC: All tunes
FACE CREST: _____
SUPINE SCENT: _____
OIL BLEND: _____
HT: M/T
CST: x2
HST: —

Mary



O/A: eyes still recovering

started to begin.

supine massage only.

☐ Full Body ☒ STOMACH supine only
ARMS ☐ Prone ☒ Supine LEGS ☒
TP _____
Fx _____
☒ Talked ☐ Quiet Breathing
ROM _____
FBACK _____

EXTRA _____
NEXT APPT: _____

P = * eye op - no prone. - up right supine.

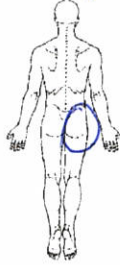
TREATMENT NO.

S = General

DATE: 12/4/18
TIME: 1pm 3/4 hr
PAID: _____
REC.No: _____
AIR TEMP: 24
MUSIC: Mass all
FACE CREST: _____
SUPINE SCENT: lemon.
OIL BLEND: _____
M/T
HT x2
CST _____
HST x4.

EXTRA _____
NEXT APPT: _____

Mary

O/A: glutes ↑

☐ Full Body ☐ STOMACH
ARMS ☒ Prone ☐ Supine LEGS prone.
TP _____
Fx ☒ Talked ☒ Quiet Breathing _____
ROM _____
FBACK relaxed.

P = hip OK med press, firm on glutes.

TREATMENT NO.



S = Relax & (R) h.p.

DATE: 4/5/18

TIME: 12-50

PAID: G.V.

REC.No:

AIR TEMP:

MUSIC: All 23 tones

FACE CREST:

SUPINE SCENT: clarity

OIL BLEND:

HT x2

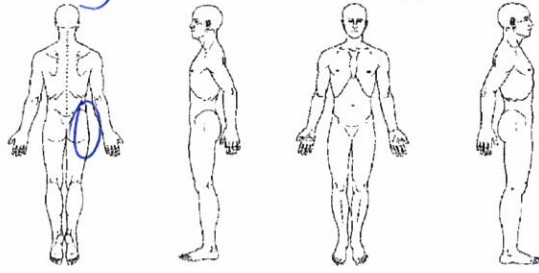
CST

HST x4

EXTRA

NEXT APPT:

Mary M Birthday



O/A:

generally pretty good.
Relax - Martin has been
in hospital - home now.☒ Full Body ☐ STOMACHARMS ☒ Prone ☐ SupineLEGS ☒

TP

Fx

☒ Talked ☐ Quiet

Breathing

ROM

FBACK

P = very chatty - lots going on. Birthday dinner tonight also

TREATMENT NO. _____

S = generally sore. @ h.p. neck.

TREATMENT NO. 6

Office: ☐ Scanned & filed

DATE: 4/6/18

TIME: 1-30

AIR TEMP: 24

MUSIC: Maxx modern

FACE CREST: _____

SUPINE SCENT: clarity

OIL BLEND: _____

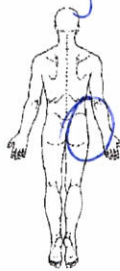
Mand

Hot Towel x2

Cold Stones _____

Hot Stones x4

Mary M



O/A:

@ glutes ↑
shoulders ↑

☒ Full Body ☐ STOMACH

ARMS ☒ Prone ☐ Supine

LEGS ☒

TP

Fx

1/2 Talked 1/2 ☐ Quiet

☒ Bre

ROM

FBACK

P = firm. x NO eye bag x