

Master Cody Majer

OccupationSchool
Student

Appointments

There are no appointments for Master Cody Majer

Treatment Notes

There are no treatment notes for Master Cody Majer.

Patient Forms

New Client Record	
Completed: 9 Jul 2025, 11:36AM	
About you...	
What's your health fund?	Medibank private
Occupation - how long?	School student- 10 years
List your physical activities, hobbies, exercise or sport.	Bmx racing Fishing Mountain biking Student
Do you sit/stand for long hours? (E.g. car/desk)	Sit at school- stand at BMX- stand at fishing
Medications - prescribed or natural	OMEGA brain boost
Medical History - recent and past operations, illnesses, accidents, injuries or broken bones.	Skull fracture- brain bleed- broken bones(mostly arms)
About Massage...	
How did you find out about our massage clinic?	<input type="checkbox"/> Google <input type="checkbox"/> Facebook <input type="checkbox"/> Instagram <input checked="" type="checkbox"/> Phonebook <input type="checkbox"/> Massage Association <input type="checkbox"/> Health Professional (Doctor, Physio, Midwife) <input type="checkbox"/> Referral - word of mouth <input type="checkbox"/> Current/Previous Customer
Who referred you? We use a client reward system - May we thank them?	My Aunty
What are your goals or reasons for getting massage?	To feel better after the massage
Type of massage pressure you prefer?	<input type="checkbox"/> Gentle <input type="checkbox"/> Firm <input type="checkbox"/> Hard <input type="checkbox"/> Very Hard <input checked="" type="checkbox"/> Not sure? (We'll check at your massage)
Any areas you DON'T want massaged?	<input type="checkbox"/> Face <input type="checkbox"/> Head <input type="checkbox"/> Stomach <input type="checkbox"/> Back <input type="checkbox"/> Buttocks <input type="checkbox"/> Arms

- ☐ Legs ☐ Feet ☒ I am ok with all the above areas being massaged
☐ Not sure? (We will discuss reasons for massaging different areas at your appointment)

Do you experience headaches?

- ☒ No ☐ Mild ☐ Severe ☐ Persistent ☐ Migraines

Abdominal Massage helps digestive problems. Do you suffer any digestive complaints?

- ☐ Discomfort with a whole mix of things happening ☐ Abdominal pain
☐ Bloating ☐ Constipation (going less than once per day)
☐ Hard bowel movements ☐ Loose bowel movements ☐ Diarrhoea
☐ Food allergies ☐ Occasionally experience problems
☐ Struggling most of the time ☒ No problems - everything is working well

Any falls or injuries to your sacrum, tailbone, head, ankles, feet, abdomen or lower back? These are important body balance areas.

Nopr

Do you have any pain?

- ☒ No pain - nothing hurts ☐ Morning soreness ☐ Night time pain
☐ Happens randomly - can be any time
☐ Pain doing something specific. E.g. Bending over to touch toes.
☐ All the time ☐ Tender to touch ☐ Dull pain ☐ Aching or throbbing
☐ Sharp pain ☐ Stiffness ☐ Muscle tightness ☐ Restricted movement

If your body hurts, what relieves it?

- ☐ I have no pain to manage ☐ Ice ☐ Heat ☒ Rest ☐ Exercise
☐ Stretching ☐ Medication ☐ Topical Cream (E.g. Tiger Balm)

Some conditions affect massage. We want to safely treat you. Tick what applies to you -

- ☐ Allergies ☐ Asthma ☐ Sinus ☐ Anxiety ☐ Depression
☐ Trouble sleeping or falling asleep ☐ Arthritis ☐ Osteoporosis
☐ Spinal problems ☐ Swelling ☐ Bruise Easily
☐ Blood clotting problems ☐ Cancer ☐ Diabetes Type 1
☐ Diabetes Type 2 ☐ Dizziness ☐ Numbness ☐ Tingling
☐ Cold hands / Cold feet ☐ Heart Problems ☐ Blood Pressure - high
☐ Blood Pressure - low ☐ Hearing problems ☐ Hearing Aid
☐ Vision problems ☐ Contact Lenses ☒ None of the above apply to me

Any extra health details or info you'd like to share?

No

Your consent...

Your confidential information helps our Massage Therapist plan the safest treatment. Be honest - tell us if the temperature is too hot/cold, pressure level needs adjusting or you're uncomfortable/unwell or unsure at any stage.

Every massage has potential risks, complications or side-effects. Such as causing muscular discomfort, fatigue, bruising, burns (from heat therapy), aggravating existing conditions, increasing blood pressure or skin sensitivity.

After massage, it's common to feel relaxed or sleepy. Get up slowly from the table - give yourself time to adjust afterwards. Delay your shower for 2 hours for essential oils to keep working. Keep well hydrated with water in the 24-48 hours after massage.

It's ok to discuss my treatment with my doctor, physio or referring health practitioner.

- ☒ Yes - clients will be informed if this happens. ☐ No thanks.

My Massage Therapist and I both have the right to stop or refuse treatment at any time

- ☒ Yes - I know I can ask questions at any time too.

**I will keep my Massage Therapist updated
on any changes to this information and
my health.**

A handwritten signature in black ink, appearing to read 'Cody Majer', is written within a rectangular box. The signature is fluid and cursive, with the first name 'Cody' and last name 'Majer' clearly distinguishable.