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23rd July 2025

RE JOAN OSTOJIC

Dear Dr

I have been seeing Joan on a regular basis since February this year for Remedial Massage Therapy. Joan has found massage a wonderful help for pain relief and increased mobility.

However, her nerve pain in her feet and stiffness is ongoing with minimal change.

I have suggested that trialling a TENS machine could be of benefit for home use to see if it helps with the nerve pain.

Kindest Regards

Kim Whipps

Remedial Massage Therapist