

Prescription Schedule: Yianna

Round: 2 // Date: 20/3/25 // 3

30/7/25

Treatment Focus NOW						
NEXT:			FUTURE:			
Packet	Remedy	Potency	Dial up	Dosage (4 wks)	Treatment	
1 R.	Organ support	12c	M	1 daily	(100)	Pregnancy support
	Nutrition combi	200x	M	For whole pregnancy		
	Folate/folic acid	30c	4496			
	Peridot	30c	41873		Pregnancy, for the baby	
	Ferr	30c	3492			
	Ferr-p	30c	3469			
2 R.	Frankincense	LM1, LM2	577859	1 daily	Release control, calms N/S	Nurturing Mother & baby creating sense of calm
	Buddleia		887789		Shock & trauma on all levels, creates safety & security	
	Rhodochrosite		4456		Nurturing, helps the soul in pregnancy, fear of future	
	Lac-h		68608		Brings mothering	
	+ Release Worry 10mm. ✓					
3	Oak	10M	179119		Birth Trauma	Fear & Anxiety
+ over page	Sep	10M	8725			
	Bayleaf	10M	99045		Labour & birth trauma where there is fears & tears	
	Goldfish	10M	70599		Fear in childbirth	
	Spig	30c	8845	3 times a week	Fear of needles	
	Aur	200c	3467	As needed	Depression during pregnancy	
	Cortisol	9x	42505350		Lower cortisol	
	Aconite	10MM	5378		Release fear & anxiety	
	Jet	10M	9915		Holding onto past pain	
	Blue		469869		Panic, anxious	
	Strawberry		76759		Anticipatory fear, helps to face fear	
	Flower essence Fear Release	10MM	M			
4	Psor	30c	7556	Twice a week		Miasm Balance
	Tub		7835	Whole pregnancy		
	Syph		50357			
	Med		3284			
	Carc		57755			

# 3.	Blood Sugar Balance Tansley		122388	3 times a week M, W, F	Balance blood sugar	Blood Sugar & Exhaustion Support
	Gels	1M	1244		Exhaustion on all levels	
	Phos-ac		6928		Mental and physical debility	
	Kali-p		5286		Mental & physical prostration	
	Arnica		8687		Physical overexertion	
	Silver birch		798679		Brings tranquility & relax	
# 5.	Nat-mur	30C	2825	TDS & as needed		Cold Sore Support
	Rhus-t		7683			
	← Inflection - 2200X,		M			
	Inflamm. - 10m		M			
	← UTI report 200C,		M			
	10m					

Repeat Rx + ③ (2 pages) 6/6/25 // 30/7/25

③ + Eritin 12c for 12 wks
R + hemoglobin 6c. (1260 1450)
(5496)
Colds + Coughs.

④ Ear Serum 23c 71453
Kidney 23
Beib 5528
Seanolly 36c 952795

SOS Baby
Kidney
Support.

* Birth Ket Top Ups TBC.