



Preparing your Personalised Homeopathic Placenta Remedy



Personalised Placenta Remedy

A heartfelt congratulations on the birthing of your beautiful baby!


Making your very own personalised homeopathic placenta remedy is a beautiful, powerful and sacred process for you and your baby.

Bring your consciousness to the process, sit with your placenta, marvel at it's intricate details, beauty & power. This is the organ that nourished your baby, and is fundamentally an expression of a mothers love and attachment for that child.

Give gratitude and thankfulness to this incredible organ that will now continue to nourish you and your baby.

Instructions


FRESH

- After tuning into your placenta, select a small portion of it
 - Section it off and place it in the provided jar with alcohol, making sure the placenta is entirely immersed in the alcohol
 - The placenta now needs to sit for a minimum of three days before the homeopathic remedy can be prepared. This length of time can be 3 days to 6 weeks, tune into the placenta and be guided by it for the length of time that is appropriate for you, your baby and your placenta remedy.
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FROZEN

If using a placenta that has been frozen, after sectioning off, thaw the piece of placenta first before immersing it in the alcohol in the jar or bottle.

Dosage

- Your own placenta remedy can be used as a constitutional remedy for your child – when they are becoming run down or needing a little boost to strengthen them up from the centre, take one dose of 30c (this is 2-3 drops child, 3-5 drops Adult). Repeat as needed.
 - Newborn dosage - add 2-3 drops to a small glass of water and gently stir. From this glass spoon a small amount of water into their mouth, this is one dose.
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Potency

The most common potencies are:

- 30c which acts on the physical, emotional and spiritual levels of the body
- 200c which acts even more deeply and can be used for long standing issues
- However, any potency can be made for you. Some people opt to have 1 bottle of each of the above potencies



