



A GOOD THERAPIST

11<sup>th</sup> July 2025  
A GOOD THERAPIST  
Mobile Remedial Therapist

**Re: Mrs Eliane de Souza Baptista**

**Re: Referral for further investigation and diagnosis.**

Thank you for seeing Mrs Eliane Baptista 47yo female presenting ongoing lateral hip pain, with bilateral symptoms but mostly on L hip. She has had this ongoing pain for nearly a year.

Upon assessment it was found tightness and muscle imbalances on L hip in comparison to the R, that prevented her from moving in certain positions when her pain is at its peak. Her treatments consisted of releasing LB, gluteal region and hamstring muscles, joint mobilisation and educated her on some home stretches and strengthening exercises.

She has had two remedial massage sessions, and it is active and very responsive to treatment and exercises. However, given her history of tendinitis and bursitis and her ongoing pain, it would be beneficial for her to have further investigation and diagnosis of her L hip for a targeted treatment plan.

If you need any extra information regarding her treatments, please do not hesitate to ask.

Kind regards,

Daniela Kurt  
Remedial Massage Therapist  
ATMS 18906

