

Prescription Schedule:

Cindy MenziRound: Flat CaseDate: 11/7/25

Treatment Focus NOW:

Flat Case :

Travel Remedies - Ear pressure, Jet lag, Motionsick
Blocked tear duct (Elodie)

NEXT:

FUTURE:

Packet	Remedy	Potency	Dial up	Dosage (- wks)	Treatment
Jetlag	Cocc.	200C	1604	a/n Pre & Post flight	
	Arnica		8687		
	Gels.	30C	1244		
	Melatonin		71 711		
	Rose Quartz	12C	617 68		
	Selenite		289516		
	Apple tree	30C	668569		
	Ph-ac.		6928		
	Ign.		4383		
Motion Sickness	Cocc.	10M	1604	A/N every 5 -30 mins	
	Nux-u.		6222		
	Tab.		2435		
	Rose Quartz		61768		
	Apple tree		668569		
(Support)	AAA	10M	M	a/n	
(Support)	Immune Boost	200C	M	daily ↑ a/n	
Elodie	Infection/Inflamm.	200x	M	BOS	blocked eye duct. "Gunking"