



Monday 7th July 2025

RE: Roshen Behi

To whom it may concern,

I have recommended Roshen use a neck and shoulder heat pack as part of her at home care for chronic pain management. The product I have recommended and supplied her is the contoured Lupin Heat Pack by Therapeutic Pillow Australia at \$35 each.

Kind regards,

Judy Howard
Owner and Myotherapist
Hills Myotherapy