

Treatment Focus NOW: Clear both trauma - dread, anxiety, fear, exhaustion in anticipation. Winter immune support. Pregnancy swelling support.

NEXT: FUTURE:

Packet	Remedy	Potency	Dial up	Dosage (4 wks)	Treatment
①	Oale	10M	179119	1x/wk	Release birth trauma
②	STG + HE + oale + carc. + Psor.	10M 200x 30C 6X	179119 57755 7556	1x daily	birth trauma + exhaustion + Anxiety/fear/dread
(Support)	Inflammation + APIS	200X 10M	M 2709	q/n. up to TDS	swollen ankles/feet
(Aragiah)	Chesty Cough + RSV + Mycoplasma + Pertussis + Psor. + Kali-bi	off the shelf 12X 30X	M 43002375 90321 1068 7556 2185	1x q/n	Cough
(Family Support)	Immune Boost	off the shelf	M	1x daily ↑ if sick	
" "	Zombi Combi	Th. bk.	M	1x daily ↑ if sick	
③	Post Viral Recov. + Carc. + AIDS nosode + Alfalfa + Ferr-m. + Kali-p. + Self heal fl. em + Morning gl. Sinus Mucus Infection	LMI 200C 10M 200X; 10M	M 57755 90105861 21309 42363 1825 765104 77923 M M M	1x/day bedtime	S/S allergic rhinitis