

## Massage Intake Form

### Personal Information

Name Adam McCredie Phone (day) 0427 817 464 (evening) \_\_\_\_\_  
 Address Girraween Kayaker Rd City/State/Zip Narrabri DOB \_\_\_\_\_  
 Occupation Gardn / Contractor Employer Self  
 Email bluetunglizard@live.com.au Primary Physician Dr Rehema  
 Emergency Contact 0427 C. McCredie Relationship Father Phone 0427 935 575  
 How did you hear about us? \_\_\_\_\_

### Medical Information

Are you taking any medications? ☒ yes ☐ no  
 If yes, please list name and use: Atacand  
 Are you currently pregnant? ☐ yes ☒ no  
 If yes, how far along? \_\_\_\_\_  
 Any high risk factors? \_\_\_\_\_  
 Do you suffer from chronic pain? ☐ yes ☒ no  
 If yes, please explain \_\_\_\_\_  
 What makes it better? \_\_\_\_\_  
 What makes it worse? \_\_\_\_\_  
 Have you had any orthopedic injuries? ☐ yes ☐ no  
 If yes, please list: \_\_\_\_\_  
 Please indicate any of the following that apply to you.

- |  |   |
|--|---|
| <input type="checkbox"/> Cancer                          | <input type="checkbox"/> Fibromyalgia       |
| <input checked="" type="checkbox"/> Headaches/Migraines  | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Arthritis                       | <input type="checkbox"/> Heart Attack       |
| <input type="checkbox"/> Diabetes                        | <input type="checkbox"/> Kidney Dysfunction |
| <input type="checkbox"/> Joint Replacement(s)            | <input type="checkbox"/> Blood Clots        |
| <input type="checkbox"/> <u>High</u> /Low Blood Pressure | <input type="checkbox"/> Numbness           |
| <input type="checkbox"/> Neuropathy                      | <input type="checkbox"/> Sprains or Strains |

Explain any conditions you have marked above:

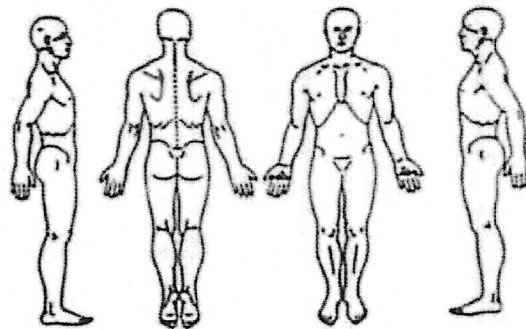
Carpel tunnel surgery  
20 years ago.

### Massage Information

Have you had a professional massage before? ☒ yes ☐ no  
 What type of massage are you seeking?  
☐ Relaxation ☒ Therapeutic/Deep Tissue  
 Other \_\_\_\_\_  
 What pressure do you prefer? ☒  
☐ Light ☐ Medium ☐ Deep  
 Do you have any allergies or sensitivities? ☐ yes ☐ no  
 Please explain Food intolerances.  
 Are there any areas (feet, face, abdomen, etc.) you do not want massaged? ☐ yes ☐ no  
 Please explain \_\_\_\_\_  
 What are your goals for this treatment session?  
 \_\_\_\_\_

Please circle any areas of discomfort

All over.



By signing below you agree to the following.

I have completed this form to the best of my ability and knowledge and agree to inform my therapist if any of the above information changes at any time.

Client Signature Adam McCredie Date 25/6/24

Therapist Signature [Signature] Date 25/6/24