

# Client Intake Form - Therapeutic Massage

## Client Information

Name Jennifer Russell Email nodots@hotmail.com  
 Phone (cell/day) 780-297-1667 DOB Oct 19 1980 Age 44  
 Address 10207-70 St Edm AB T6A 2B5 City/State/Zip \_\_\_\_\_  
 Emergency Contact Name Stewart Todd Phone 616 488 7786 Relationship Partner  
 Occupation cleaning job Referred by: Stewart Todd

## Health Information

Are you taking any medications? ☒ yes ☐ no If yes, please list: birth control + pantoprazole  
 Any allergies? (oils, lotions, nuts, fruits, skin, etc.) ☐ yes ☒ no If yes, please list: \_\_\_\_\_  
 Are you pregnant? ☐ yes ☒ no If yes, how many months: \_\_\_\_\_ Due date: \_\_\_\_\_  
 Are you currently under medical supervision or receiving other medical interventions? ☐ yes ☒ no  
 If yes, please describe: \_\_\_\_\_

Areas of swelling	yes <input checked="" type="checkbox"/> no <input type="checkbox"/>	Diabetes	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Osteoporosis	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>
Autoimmune disorder	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Fibromyalgia	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Phlebitis	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>
Back / neck problems	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Headaches	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Sciatica	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>
Bleeding disorders	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Heart condition	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Seizures	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>
Blood clots	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Hypertension	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Stroke	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>
Bruise easily	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Kidney disease	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Tendinitis	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>
Bursitis	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Multiple sclerosis	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	TMJ disorder	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>
Cancer	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Neurological condition	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Varicose veins	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>
Contagious condition	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Neuropathy	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Vertigo / dizziness	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>
Decreased sensation	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>	Osteoarthritis	yes <input type="checkbox"/> no <input checked="" type="checkbox"/>		

Areas of broken skin? (e.g. rash, wounds) ☐ yes ☒ no If yes, where: \_\_\_\_\_  
 History of joint replacement surgery? ☐ yes ☐ no Which joint(s)? ACL reconstruction, left knee  
 Recent injuries or medical procedures in the past 2 years? ☐ yes ☒ no Please describe: 2020  
 Please describe any other injuries or health conditions: \_\_\_\_\_

## Massage Information

Have you had professional massage before? ☒ yes ☐ no How recently? 4 weeks  
 Reason for seeking massage: ☐ Relaxation ☐ Specific problem Please indicate any areas of discomfort

How much pressure do you prefer? ☐ Light ☐ Medium ☒ Firm

By signing below, I acknowledge that I am aware of the benefits and risks of massage therapy and that I have completed this form to the best of my knowledge. I also agree to inform my massage therapist of any health or medical changes.

Client Signature J Russell Date Nov 19, 2024

Therapist Signature [Signature] Date 11/19/24

