

# Massage Intake Form

## Personal Information

Name Catherine Walters Phone (day) 02 67921092 (evening) 0429594198  
Address 848 Kaputar Rd City/State/Zip Narrabri 2390 DOB 6/6/79  
Occupation Manager Employer CUC North West  
Email Cathy.Walters@cucnorthwest.edu.au Primary Physician Dr Ojah  
Emergency Contact Matt Walters Relationship Husband Phone 04 38 079 154  
How did you hear about us? CUC North West

## Medical Information

Are you taking any medications? ☐ yes ☒ no  
If yes, please list name and use: \_\_\_\_\_

Are you currently pregnant? ☐ yes ☒ no  
If yes, how far along? \_\_\_\_\_  
Any high risk factors? \_\_\_\_\_

Do you suffer from chronic pain? ☒ yes ☐ no  
If yes, please explain Neck, back, feet  
What makes it better? \_\_\_\_\_  
What makes it worse? \_\_\_\_\_

Have you had any orthopedic injuries? ☐ yes ☒ no  
If yes, please list: \_\_\_\_\_

Please indicate any of the following that apply to you.

- |   |  |
|---|--|
| <input type="checkbox"/> Cancer                         | <input checked="" type="checkbox"/> Fibromyalgia |
| <input checked="" type="checkbox"/> Headaches/Migraines | <input type="checkbox"/> Stroke                  |
| <input type="checkbox"/> Arthritis                      | <input type="checkbox"/> Heart Attack            |
| <input type="checkbox"/> Diabetes                       | <input type="checkbox"/> Kidney Dysfunction      |
| <input type="checkbox"/> Joint Replacement(s)           | <input type="checkbox"/> Blood Clots             |
| <input type="checkbox"/> High/Low Blood Pressure        | <input type="checkbox"/> Numbness                |
| <input type="checkbox"/> Neuropathy                     | <input type="checkbox"/> Sprains or Strains      |

Explain any conditions you have marked above:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Massage Information

Have you had a professional massage before? ☒ yes ☐ no

What type of massage are you seeking?

☐ Relaxation ☒ Therapeutic/Deep Tissue

Other \_\_\_\_\_

What pressure do you prefer?

☐ Light ☐ Medium ☒ Deep

Do you have any allergies or sensitivities? ☐ yes ☐ no

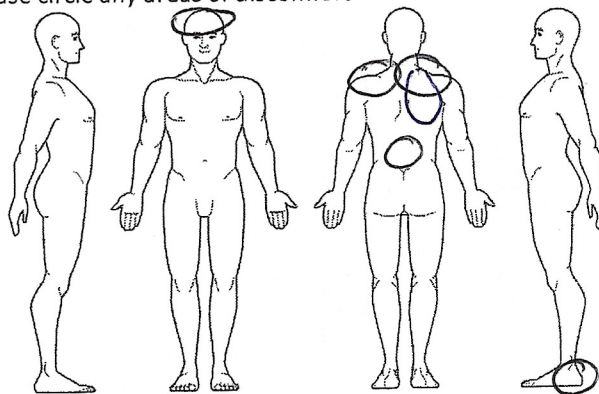
Please explain \_\_\_\_\_

Are there any areas (feet, face, abdomen, etc.) you do not want massaged? ☐ yes ☐ no

Please explain \_\_\_\_\_

What are your goals for this treatment session?

Please circle any areas of discomfort



By signing below, you agree to the following.

I have completed this form to the best of my ability and knowledge and agree to inform my therapist if any of the above information changes at any time.

Client Signature Cathy Walters Date 18.10.23

Therapist Signature [Signature] Date 18.10.23