

SOAP NOTE

Client Name	Date of Therapy
Shawn Kerr	24 / 1 / 25
Provider Name	Service Received
	Remedial

Subjective Symptoms: Onset / Location / Intensity / Frequency

- Sore in lower back up to shoulders.
- Pins & needles into little finger.
- Saw Dr. Ojan about swelling in ankles (L) Dr. has ordered blood tests

Objective Findings: Visual / Palpable / Test Results

- Palpation clients L side from upper traps to lower back is tight
- psoas muscle tight on L/H side. (Glute stretch test)

Assessment Goals: Long-Term / Short-Term

- Treatment as per last appointment.
- Include massage to L / Hand & Carpal massage & release

Plan: Future Treatment / Frequency / Self-Care

--