Client Intake Form - Therapeutic Massage

Client Information

Name LAURA CAIRE Email laura.caire3@det.nsw.edu.au

Phone (cell/day) 0448294484 DOB 6/4/84 Age: 40

Address 19 GRACE ST City/State/Zip Narrabri 2390

Emergency Contact Name ADAM FOSTER Phone 0409294485 Relationship HUSBAND

Occupation Head Teacher Referred by: _____

Health Information

Are you taking any medications? ☐ yes ☑ no If yes, please list: _____

Any allergies? (oils, lotions, nuts, fruits, skin, etc.) ☐ yes ☑ no If yes, please list: _____

Are you pregnant? ☐ yes ☑ no If yes, how many months: _____ Due date: _____

Are you you currently under medical supervision or receiving other medical interventions? ☐ yes ☑ no

If yes, please describe: _____

Areas of swelling	yes (no)	Diabetes	yes (no)	Osteoporosis	yes (no)
Autoimmune disorder	yes (no)	Fibromyalgia	yes (no)	Phlebitis	yes (no)
Back / neck problems	yes (no)	Headaches	yes (no)	Sciatica	yes (no)
Bleeding disorders	yes (no)	Heart condition	yes (no)	Seizures	yes (no)
Blood clots	yes (no)	Hypertension	yes (no)	Stroke	yes (no)
Bruise easily	yes (no)	Kidney disease	yes (no)	Tendinitis	yes (no)
Bursitis FOOT	(yes) no	Multiple sclerosis	yes (no)	TMJ disorder	yes (no)
Cancer	yes (no)	Neurological condition	yes (no)	Varicose veins	(yes) no
Contagious condition	yes (no)	Neuropathy	yes (no)	Vertigo / dizziness	yes (no)
Decreased sensation	yes (no)	Osteoarthritis	yes (no)		

Areas of broken skin? (e.g. rash, wounds) ☐ yes ☑ no If yes, where? _____

History of joint replacement surgery? ☐ yes ☑ no Which joint(s)? _____

Recent injuries or medical procedures in the past 2 years? ☐ yes ☑ no Please describe: _____

Please describe any other injuries or health conditions: Bursitis ~~#s~~ of L shoulder, R foot.

Massage Information

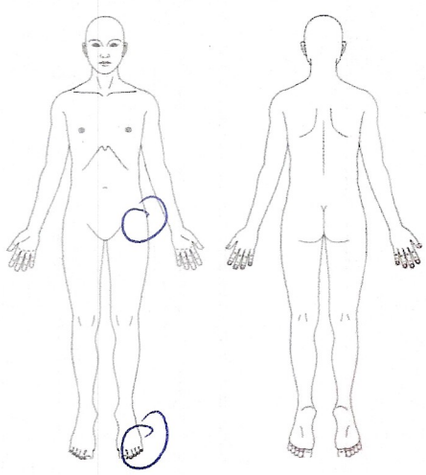
Have you had professional massage before? ☑ yes ☐ no How recently? _____

Reason for seeking massage: ☐ Relaxation ☑ Specific problem

HIP

How much pressure do you prefer? ☐ Light ☑ Medium ☐ Firm

Please indicate any areas of discomfort



By signing below, I acknowledge that I am aware of the benefits and risks of massage therapy and that I have completed this form to the best of my knowledge. I also agree to inform my massage therapist of any health or medical changes.

Client Signature LAFoster Date 4/12/24

Therapist Signature _____ Date 4/12/24