

# Massage Intake Form

## Personal Information

Name Wm Iding Phone (day) 0427829982 (evening) \_\_\_\_\_  
 Address 1 Forbes Street City/State/Zip Natick DOB 03/07/1991  
 Occupation Type fitted Employer Type right  
 Email Wm-101-@hotmail.com Primary Physician \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_  
 How did you hear about us? \_\_\_\_\_

## Medical Information

Are you taking any medications?  yes  no  
 If yes, please list name and use: \_\_\_\_\_  
 Are you currently pregnant?  yes  no  
 If yes, how far along? \_\_\_\_\_  
 Any high risk factors? \_\_\_\_\_  
 Do you suffer from chronic pain?  yes  no  
 If yes, please explain \_\_\_\_\_  
 What makes it better? \_\_\_\_\_  
 What makes it worse? \_\_\_\_\_  
 Have you had any orthopedic injuries?  yes  no  
 If yes, please list: \_\_\_\_\_

Please indicate any of the following that apply to you.

- |  |   |
|--|---|
| <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Fibromyalgia       |
| <input type="checkbox"/> Headaches/Migraines     | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Heart Attack       |
| <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Kidney Dysfunction |
| <input type="checkbox"/> Joint Replacement(s)    | <input type="checkbox"/> Blood Clots        |
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Numbness           |
| <input type="checkbox"/> Neuropathy              | <input type="checkbox"/> Sprains or Strains |

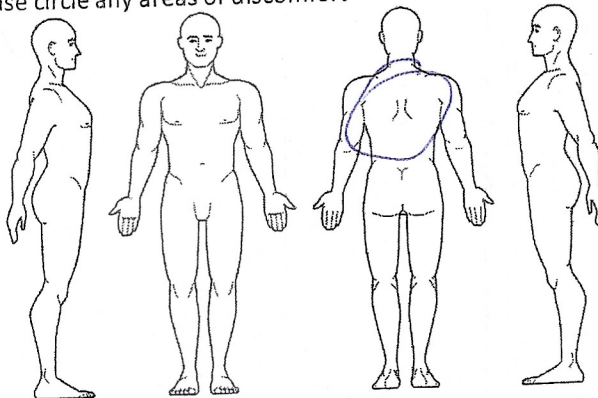
Explain any conditions you have marked above:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

## Massage Information

Have you had a professional massage before?  yes  no  
 What type of massage are you seeking?  
 Relaxation  Therapeutic/Deep Tissue  
 Other \_\_\_\_\_  
 What pressure do you prefer?  
 Light  Medium  Deep  
 Do you have any allergies or sensitivities?  yes  no  
 Please explain \_\_\_\_\_  
 Are there any areas (feet, face, abdomen, etc.) you do not want massaged?  yes  no  
 Please explain \_\_\_\_\_  
 What are your goals for this treatment session?  
 \_\_\_\_\_

Please circle any areas of discomfort



By signing below, you agree to the following.  
 I have completed this form to the best of my ability and knowledge  
 and agree to inform my therapist if any of the above information  
 changes at any time.

Client Signature Wm Iding Date 10/2/23

Therapist Signature \_\_\_\_\_ Date \_\_\_\_\_