

**Lauren Scott (9/5/1994)**

13 June 2024

Page: 3

MRI appointment is scheduled. In the followup appointment with Prof Fernando results will be reviewed and there is consideration to whether to commence Lauren on mycophenolate 500 mg bd.

6. We have discussed about B12 supplementation through injections or through B12 nasal sprays. If Lauren would like to proceed with B12 injections, GP can kindly facilitate with starting of 1 mg IM per two weeks for three cycles and then to continue four-monthly for another three cycles. This is irrespective of her initial B12 levels.

7. Lauren to consider taking CoQ10 daily and also trialling vitamin B3 niacin 500 mg tablets daily. Some patients who have experienced small fibre neuropathy have found these supplements to be helpful in the past. Lauren can cease the supplements after three weeks if no improvements have been felt or stopped earlier if any adverse reaction has been experienced.

Thank you for your ongoing care.

Yours sincerely



**Dr Chun Wang Jason Lao**  
Immunopathology Registrar



**Prof Suran Fernando**  
Clinical Immunologist and Allergist  
Provider No: 2127199A

cc: Dr Eliza Mulcahy, Northern Beaches Cardiology, Suite 12 level 1 Pittwater Place, 10 Park Street,  
MONA VALE, NSW 2103