

## **ALLIED HEALTH REFERRAL**

20/02/2024

Dear Sonia,

**RE: Name:** Thais Nancy HARDMAN  
**D.O.B.:** 23/07/1947  
**Address:** 88 Colcott Street, TIMBOON VIC 3268  
**Telephone:** Mobile: 0432 461 299

**Diagnosis:** C50.9 - Malignant neoplasm of breast, unspecified part

<p><b><u>Radiation Oncologist</u></b> Dr Paul De Ieso</p> <p><b>Notes</b></p>	<p><b>DIAGNOSIS</b></p> <p>2022- Left breast cancer ypT2 (36 mm) N3a (15/21) M0 invasive ductal carcinoma - grade 3, Ki-67 20%, margins clear, LVI/PNI positive, ER positive/PR positive/HER-2 negative. Neoadjuvant chemotherapy (FEC-D). Left mastectomy plus ANC - 13 September 2022. Discussed at Oncology MDM - pathology findings of persistent disease in excised pectoralis margin. Left chest wall and regional nodal irradiation (50 Gy in 25 fractions with 10 Gy in 5 fraction boost to left pectoralis muscle) completed 20 December 2022. Adjuvant endocrine therapy - anastrozole - commenced 10 January 2023.</p> <p>2023- Right breast cancer T2 (multifocal) N3a (23/23 ANC) M0 - ICNST, grade 3, ER positive, PR negative, HER2 negative, Ki-67 30-40% - dermis involvement, LVI positive. Right mastectomy plus ANC - 28 November 2023. Completed adjuvant right chest wall and regional nodal radiotherapy 20<sup>th</sup> February 2024 For maximum endocrine therapy with aromatase inhibitor and CDK4/6 inhibitor.</p>
<p><b><u>Nursing</u></b></p> <p><b>Notes</b></p>	<p>Thais is unfortunately now dealing with bilateral lymphoedema. She is being seen by the lymphoedema clinic at St JOG and they have managed to get her right arm to a manageable level- she continues to wear a garment and complete self massage BD.</p> <p>Thais is awaiting a full length (including hand) garment for her left arm. She is currently wearing an old garment which is of some benefit to her arm however her hand remains quite swollen with limited movement. Her left limb can also get quite painful.</p> <p>Thais will continue to see St JOG lymphoedema physio's however, I have discussed Thais's situation with Rebecca Hay and we both feel she would benefit from more frequent therapy as well as scar tissue release to her mastectomy scars.</p> <p>I have discussed this referral with Thais and she will await contact from you in regard to arranging an appointment.</p>

Thank you for your consideration and if you require any additional information in support of the above referral request please do not hesitate to contact me on 03 5565 2014.

Kind regards,

**Signed: Sarah Ramsdale**

**Designation: Cancer Survivorship Nurse**

