

Tarregower Remedial Massage

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12 May 2025

Julie Pascoe

Case Manager:

**At-Home Aged Care Hume / Central Highlands & Western
VMCH**

Email: julie.pascoe@vmch.com.au

Dear Julie:

I have been treating Kevin Dawson for chronic lower back and hip pain for the past 15 months. Recently, I have noticed that the benefits from his treatment are not lasting as long as they have in the past. I have also noticed that his extremities, particularly his ankles are colder than previously due to poor circulation.

As we head into the colder months, I am concerned that the benefits from Kevin's remedial massage will be further impacted, and that his discomfort will increase.

To address this, I recommend the purchase of an electric heating pad to assist in improving circulation and relieving pain between visits.

Please call me should you have any questions or require further clarification

Best Regards



Paul Gilders

Remedial & Sports Massage Therapist

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