

Report For: Jennifer Segail

D.O.B: 14/09/65

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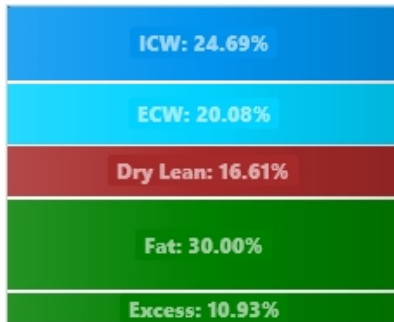
Email Address: hello@cindiyoung.com

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Test Date: 21/03/23 11:38

Practitioner: Metascreen

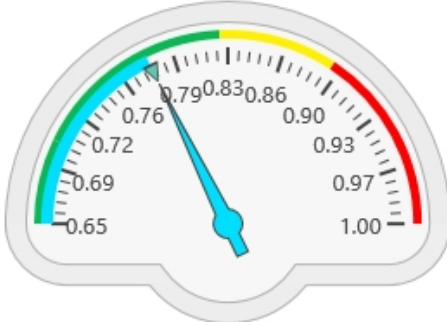
Body composition



3rd Space Water -2.31%

Prediction marker 0.774

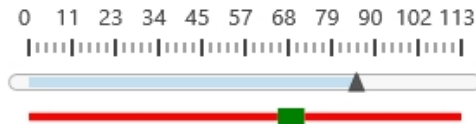
Normal: 0.700 - 0.820



Caution: Not to be used as diagnostic indicator.

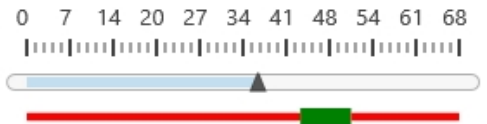
Total body weight 85.6 kg

Normal 65.0 kg - 72.0 kg



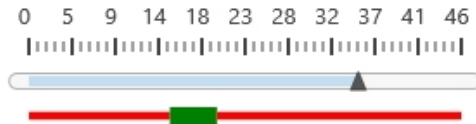
Total body water 36.3 L

Normal 43.0 L - 51.0 L

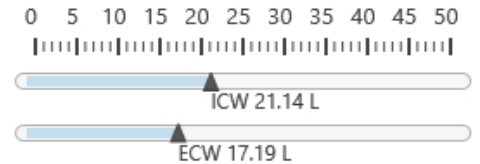


Body fat mass 35.0 kg

Normal 15.0 kg - 20.0 kg

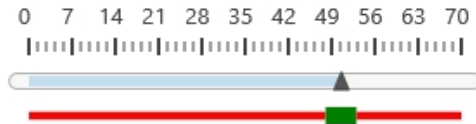


Intracellular/Extracellular water (L)

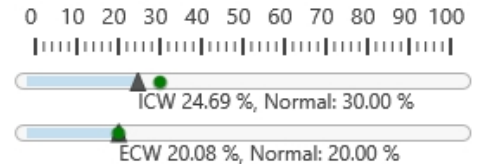


Lean mass 50.6 kg

Normal 48.0 kg - 53.0 kg



Intracellular/Extracellular water (%)



Measurements:

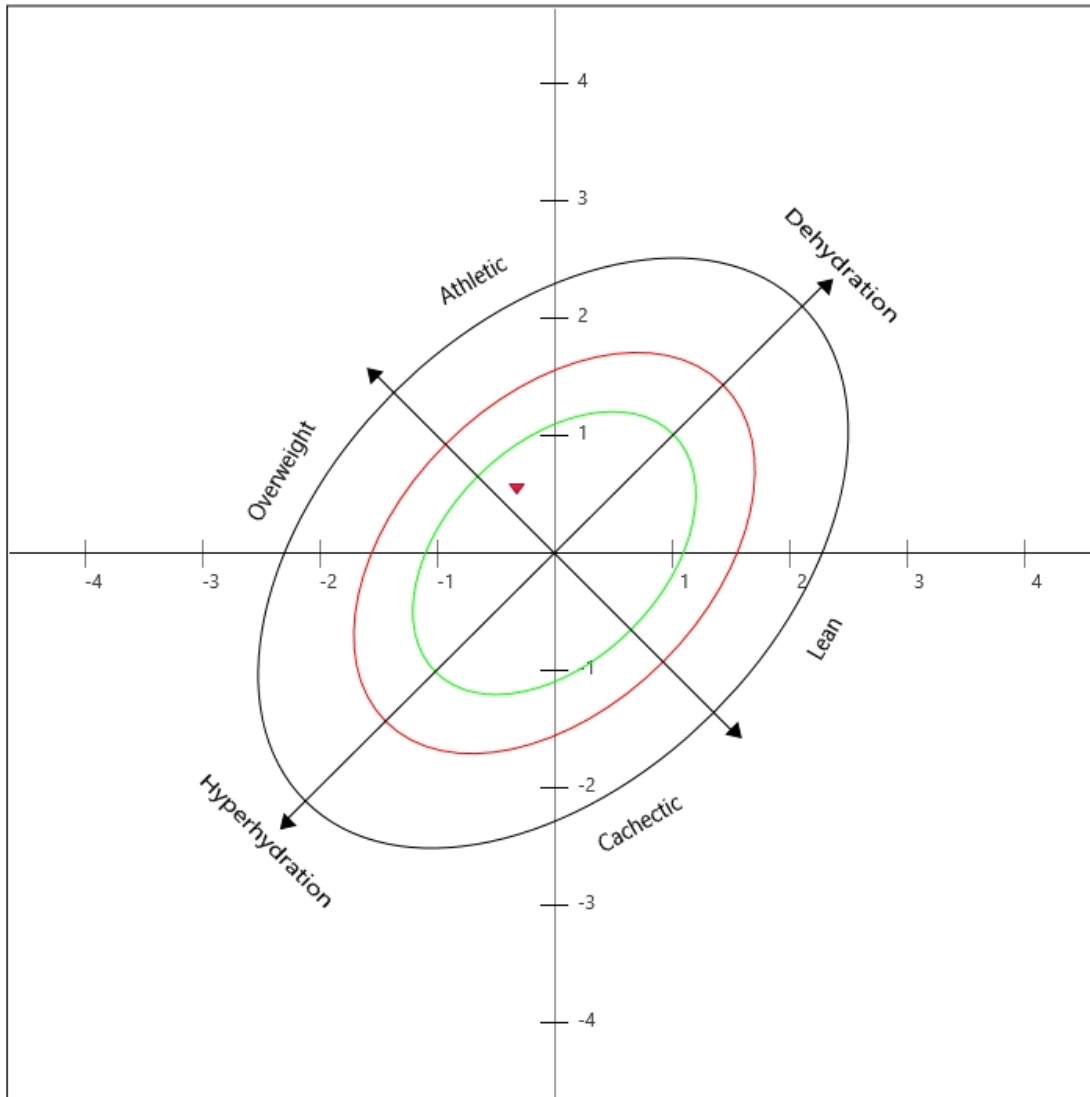
Impedance at 50khz: 622
Resistance at 50khz: 618
Reactance at 50khz: 68.1
Height (cm): 176
Waist (cm): 95

Impedance at 5khz: 722
Impedance at 100khz: 588
Impedance at 200khz: 559
Hip (cm): 110
Activity level: Very Low
Regression: 1. Quadscan Equation

Phase Angle: 6.30

Comments:

Z-graph



- 95% tolerance
- 75% tolerance
- 50% tolerance
- ▲ Subject's history

Current test values
 R/H: 351.14
 Xc/H: 38.69
 Vector Length: 353.26
 Phase Angle: 6.3

Current Test Results					Historical Changes		
<i>Parameter</i>	<i>Measured/ Calculated</i>	<i>Normal</i>	<i>Measured %</i>	<i>Normal %</i>	<i>0 Weeks since first test 21-03-23</i>	<i>Variance</i>	<i>Variance %</i>
Total body weight	85.6 kg	65 - 72 kg			85.6 kg	0.0 kg	0.0%
Body fat mass	35.0 kg	15 - 20 kg	40.93 %	22 % - 30 %	35.0 kg	0.0 kg	0.0%
Lean mass	50.6 kg	48 - 53 kg	59.07 %	70 % - 78 %	50.6 kg	0.0 kg	0.0%
Dry lean mass	14.2 kg		16.61 %		14.2 kg	0.0 kg	0.0%
Body cell mass	30.2 kg				30.2 kg	0.0 kg	0.0%
Total body water	36.3 L	43 - 51 L	42.46 %	50 % - 60 %	36.3 L	0.0 L	0.0%
Extracellular water	17.19 L		20.08 %	20 %	17.19 L	0.00 L	0.00%
Intracellular water	21.14 L		24.69 %	30 %	21.14 L	0.00 L	0.00%
3rd space water	-1.98 L				0.00 L	0.00 L	0.00%
Prediction marker	0.774	0.700 - 0.820			0.774	0.0	0.0%
Nutrition index	0.45	0.40			0.45	0.00	0.0%
Phase angle	6.30				6.30	0.00	0.00%
BMI	27.6	20 - 25			27.6	0.0	0.0%
BFMI	11.3	5 - 6			11.3	0.0	0.0%
FFMI	16.3	15 - 17			16.3 kg	0.0 kg	0.0%
Basal metabolic	1545 kcal/day				1545 kcal/day	0 kcal/day	0%
Activity metabolic	2163 kcal/day				2163 kcal/day	0 kcal/day	0%
Height	176 cm				176 cm	0 cm	0%
Waist	95 cm				95 cm	0 cm	0%
Hip	110 cm				110 cm	0 cm	0%
Waist/Hip ratio	0.86	0.80			0.86		