View results

Respondent

15 Anonymous

13:44
Time to complete

1. Name *

ANGUS CHADWICK

2. Upper GIT *

	Frequently	Often	Sometimes	Never
Indigestion				
Excessive Burping				
Foods sits for long periods after a meal				
Bad breath				
Loss of appetite				
Stomach pain/burning				
Heartburn after spicy, citrus, alcohol, caffeine or fatty foods				
Dark or Black tarry stools				
Upper abdominal cramps or aches				

3. Lower GIT *

	Frequently	Often	Sometimes	Never
Lower abdominal pain or cramps				
Excessive gas, flatulence				
Nausea and/or vomiting				
Diarrhoea, loose watery bowel movements				
Constipation, straining, hard dry stools				
Alternating constipation and diarrhoea				
Undigested food in stools				
Sensation of incomplete emptying of bowel				
Extreme narrow stools				

Mucus or pus in stool			
Red blood with bowel movement			
Black or dark colour patches in stool			
Rectal pain or cramps	\bigcirc		
Anal itching			

4. Liver, Gall Bladder, Pancreas *

	Frequently	Often	Sometimes	Never
Abdominal pain or pain under ribs				
Fatty foods cause indigestion or nausea				
Unexplained itchy skin				
Yellow cast to skin, eyes or dark coloured urine				

Clay coloured stools		
Malaise or weakness		
Fluid retention, oedema		
Easy bruising or bleeding e.g gums		
Red skin, particularly palms		
Dry skin and or hair		

5. Endocrine - Thyroid *

	Frequently	Often	Sometimes	Never
Fatigue, sluggishness				
Feel cold or intolerance to cold				
Feeling hot, intolerance to heat, sweaty				
Puffy face, hands or feet		\bigcirc		

Unintentional weight gain or weight loss		
Swelling or tightness in front of neck		
Low mood		
Low libido		
Fatigue or notable weakness in limbs		
Nervousness, irritability, restlessness		
Visual disturbance or development of a staring gaze		

6. Endocrine - Adrenals *

	Frequently	Often	Sometimes	Never
Feeling stressed, nervous, tense, unable to relax				

Feeling oversensitive and overwhelmed , unable to cope		
Low mood, mood swings		
Difficulty concentrating or thinking straight		
Need stimulants like coffee, tea, sugar, tobacco as pick me ups		
Feel fatigued after stressful day or event		
Find it hard to get up and going in morning		
Difficulty staying awake during the day		
Nausea or dizziness		

Palpitations and/or chest pain

7. Endocrine - Male Reproductive *

	Frequently	Often	Sometimes	Never
Difficulty starting or poor urine flow				
Sense of bladder fullness, incomplete emptying, or strain with small amounts orf urine passed				
Dripping after urination				
Ejaculation causes pain				
Blood in semen				
Low Libido				

Difficulty attaining or maintaining an erection		
Premature ejactulation		
Low energy, stamina		
Development of breasts or nipple tenderness		
Infertility, low sperm count or poor sperm mobility		
Testicles uneven in size, texture or hardness		
Inflammation of penis or unusual discharge		
Genital or groin rash, itchiness		
Painful testicles		

Loss, thinning or slow		
growing body or facial hair		

8. Glucose Tolerance *

	Frequently	Often	Sometimes	Never
Skipping meals causes fatigue, weakness or headaches				
Skipping meals causes sweating, palpitations, light headedness or faint				
Difficult concentration if miss meals				
Feel agitated, irritable if miss meals				
Excessive frequent urination				
Increased thirst and appetite				

Blurred Vision, failing eyesight		
Fatigue, drowsiness		
Profuse sweating		
Dizziness when stand from seated position		
unintentional weight loss or weight gain		
Diagnosis of diabetes or pre diabetic		

9. Allergy, Immune *

	Frequently	Often	Sometimes	Never
Frequent colds and flus				
Frequent infections in other areas e.g. ears, skin, bladder				

Nasal congestion or discharge		
History of inflamed throat, or tonsillitis		
Scratchy throat		
Persistent or frequent cough		
Cold sores		
Mouth Ulcers		
Wounds heal slowly		
Excessive loss of hair		
Swollen glands in neck, armpit, groin		
Migraine or headaches		
Sensitivity to		

Localised general itching - eyes, ears, throat, nose, skin		
Sneezing, coughing or wheezing		
Certain foods worsen symptoms or cause heart palpitations		

10. Respiratory *

	Frequently	Often	Sometimes	Never
Increased effort to breathe, wheezing				
Cough dry or moist				
Thick yellow, greenish or brown or blood stained sputum				
Frothy sputum				
Noisy rattling sounds when breathing				
Loud snoring				

11. Urinary *

	Frequently	Often	Sometimes	Never
Frequent fluid retention				
Lower back pain				

Excessive, frequent urination, waking through night			
Buring with urination			
Urgency of urination			
Bloody, cloudy or darkened or strong smelling urine			
Incontinence			
Infrequent urination			
Severe one sided lower back pain			
History of kidney stones	\bigcirc		

12. Haematological - Anaemia *

	Frequently	Often	Sometimes	Never
Prolonged recovery after exercise				
Low exercise tolerance, shortness of breath with exertion				
Difficult to think straight				
Pale eyelids, lips, gums, nails				
Red sore tongue				
Sores in corner of mouth				
Easy bruising or bleeding				
Restless legs at night				

13. Cardiovascular, Circulation *

Frequently Often Sometimes Neve	Frequently	Often	Sometimes	Never
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Headaches		
Nosebleeds		
Redness in face		
Ringing in ears or blurred vision		
History of high blood pressure		
Palpitations		
Dizziness		
Pain or heaviness in central chest		
Pallor or sweating with chest discomfort		
Shortness of breath lying flat or on sudden waking in middle of night		
Wheezing or dry cough		

Swelling in feet, ankles or legs		
History of high blood cholesterol		
Cold extremities, numbness, tingling or pricking sensations in hands or feet		
White or blueish tinge to lips, fingers or toes		
Faints or falls for unknown reason		
Brief loss of vision, co-ordination difficult speaking, swallowing or understandin g speech or written word		

14. Musculoskeletal, Connective Tissue *

	Frequently	Often	Sometimes	Never
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Bone tenderness, pain or achiness		\bigcirc
Lower back or hip pain		
Walking difficulties or a limp		
Diagnosis of Osteoporosis or unexplained bone fracture		
Spinal curvature, Sto oped posture or hump at base of neck		
Muscle tightness, tension		
Specific body points tender to touch		
Muscle cramps or spasms		
Muscle twitch or tremble		

Muscle weakness			
Muscle loss and wasting			
Tender red, swollen, stiff joints			
Dry mouth, dry painful eyes			
Creaking noisy joints			
Joint pain involving multiple joints			
Limited range of motion	\bigcirc		
Difficulty standing from seated position			
Difficulty chewing or opening mouth			

15. Neurological, Brain, Sleep *

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Frequently	Often	Sometimes	Never

Lightheadedn ess, fainting		
Ringing or buzzing in ears		
Trembling hands		
Numbness, pins and needles or tingling in limbs		
Unsteady on feet		
Poor hand co-ordination		
Convulsions, seizures or funny turns		
Drooping eyelids		
Impaired hearing, eyesight, sense of touch, smell or taste		
Slow or slurred speech		

Difficulty falling asleep		
Difficulty staying asleep		
Find it difficult to keep still or fidgety		
Have a short attention span		
Experience mental confusion or sluggishness		
Have or had learning difficulties		

16. Skin *

	Frequently	Often	Sometimes	Never
Eczema, Dermatitis				
Psoriasis				
Dandruff, Tinea or fungal infections				
Acne				
Pigmentation				
Skin rashes				