

First
A20

Eoblie.

~~30min~~ x5.

31/3/25

Noticed more change on (1a) than 1b.

Less "crazy" ^{bigger} (hypert), fewer melt downs, happier @ supermarket, listening more, not humming constantly. Excitement high-pitched still but less.

On (1b) - some blemishes on face but not much.

More pushing boundaries. finals things

[Inflammation / Infection]

Recurring croup (not blue) Chesty giving
Jon Deay

~~Text~~
DIMS

→ @ onset 3 doses every 5 mins
Eoblie: 1-3 bef bed + in diffuser/vaporiser

Taryn: Grief - 1 am / 1 water
Humming - 3 x 3/d
Vitality - 3/d
Nutrition - 3/d