

Referral letter

Clinical Massage

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Re: Referral for Rutene Maxwell

Dear to whoever it may concern,

I am writing to refer my client, Rutene, who has received massage therapy at my clinic for muscle relief to address some chronic Cx pain, shoulder pain, hip pain.

During my treatment sessions, the following orthopaedic testing findings were:

Cx:

Spurlings: +ve, replicated nerve pain

Distraction: +ve, pain was relieved when completing the same cx range of movements.

WDx: Cervical radiculopathy

Sh:

Lift off: +ve pain presented near the lateral deltoid, lifting was fine except pain presented when completing the motion.

empty can: +ve pain replicated in the same region of the shoulder.

Hawkin's Kennedy test: +ve pain replicated in supraspinatus region.

WDx: Rotator cuff tear in the supraspinatus

Hip:

FABER: +ve, pain localised in the left sacroiliac joint

MFIR: +ve, pain localised in the left sacroiliac joint

Squatting: +ve pain localised in the left sacroiliac joint reaching end range of motion

WDx: SIJ dysfunction, potentially due to the instability of the L knee due to previous operations.

While massage therapy has provided some relief, I believe that additional assessment and treatment from a **physiotherapist** would be beneficial for their overall recovery and well-being.

I would appreciate your expert opinion and any recommended treatment options that may assist in their progress. Please feel free to contact me if you require further details regarding my findings or the client's response to massage therapy.

Thank you for your time and support. I look forward to collaborating for the best outcome for Rutene.

Sincerely,
Clinical massage