

Rob

24/3/25

⊗ L Aurum + Nat Mur J. + Staph J

Anxiety

Unheard Unsupported.

⊗ Torn R-shoulder tendon +
Bursae inflam +
tennis elbow.

⊗ Cortisone

(Cortisone
jab)

③ R ④ R

⊗ Shoulder waking him in
sleep.

• Headaches — all good @ moment