

# Iridology Assessment Checklist

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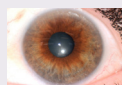
Client Name: **Katie Melki** Date: \_\_\_\_\_

Address: \_\_\_\_\_ Phone No.: \_\_\_\_\_

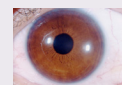
### Constitutional Genotype (Overall Colour)



☒ Lymphatic  
Genotype  
(Blue Iris)



☐ Mixed Biliary  
Genotype (Mixed  
Colour Iris)



☐ Haematogenic  
Genotype  
(Brown Iris)

### Structural Constitution (Resiliency)



Mildly Resilient



Mod. Resilient



Resilient



Very Resilient

### Constitutional Subtype Disposition



☒ Neurogenic Disposition



☐ Polyglandular Disposition



☐ Connective Tissue Disposition



☐ Anxiety Tetanic Disposition



☐ Scurf Rim Disposition

### Constitutional Subtype Diathesis



☐ Hyperacidic  
Diathesis



☒ Hydrogenoid  
Diathesis



☐ Pancreatic  
Diathesis

### Lacunae (Depth, Type and Placement)



Present



Not Present

- ☉ If there are no visible lacunae in the ciliary zone place a tick next to the Neurogenic Disposition.
- ☉ If more than three lacunae are attached around the collarette place a tick next to the Polyglandular Disposition.
- ☉ If many lacunae are present throughout the entire iris, place a tick next to the Connective Tissue Disposition.

Example description: Dark closed lacuna, right iris, inferior temporal, 7:10, ciliary zone, (ovary).

**Small mild (not dark/deep) crypt/defects present in both iris's.**

**RIGHT: 8.90 Pluera/thorax, ciliary zone (bony structure) - 2.80 Thyroid, ciliary zone (bony structure) - 5.10 vagina, ciliary zone (muscular)**

**LEFT: 6.00 Hip, thigh, knee, FOOT, ciliary zone (superficial lymph blood) - 2.80 Lower lung lobe, ciliary zone (muscular) - 8.80 Oesophagus, ciliary zone (bony structure) - 11.50-12 Thal/Hypothal, medial brain, ciliary zone (muscular, bony, lymph)**



## Iridology Assessment Checklist

### White or Light Signs (Placement)

☒ Present ☐ Not Present

☼ If the whole iris is very white, place a tick next to Hyper Acidic Diathesis.

Example description: Left iris, perifocal bundle, inferior nasal, 7:30, ciliary zone, (sacrum)

Perifocal bundling noted through out both colarette

RIGHT: 10-1 & 3.20 & other mild appearances

LEFT: 12, 2, 4:50, 7 & other mild appearances

### Lymphatic Tophi and Flocculations (Placement and Colour)

☒ Present ☐ Not Present

☼ If there are multiple lymphatic tophi in the outer circular zone of both irides, place a tick next to the Hydrogenoid Diathesis.

Example description: Right iris, several orange tophi, temporal, 8:00–10:00, zone 6, (lung).

Main areas:

RIGHT: 8-10, 6, 2-3

LEFT: 8-10:50, 6

### Contraction Furrows (Depth and Placement)

☐ Present ☐ Not Present

Example description: Left iris, dark contraction furrow, from 6:30–9:10, musculature zone, (kidney to thyroid)

Possibly in person - not seen in photos.

### Radial Furrows (Depth and Placement)

☒ Present ☐ Not Present

☼ If there are multiple contraction furrows and multiple radial furrows (including major radials cutting through the collarette), place a tick next to the Anxiety Tetanic Disposition.

Example description: Left and right iris, dark radial furrows, major through collarette, 11:00–1:00.

Small mild radial furrows noted in nutritive zone and stomach, pylorus and cardia areas around pupil in both iris's, right side seems more defined

### Circulation Signs

Peripheral Circulation Sign



Present



Not Present

Venous Circulation Sign



Present



Not Present



## Iridology Assessment Checklist

### Pigments (Colour and Placement)

☒ Present ☐ Not Present

*Example description: Right iris, dark brown pigment, 5:45, muscle and bone zones, topolabile, (kidney).*

**Small pale orange pigments noted in both irises (ORANGE denotes liver and pancreas)**

**RIGHT: 6.00 Adrenal, ciliary zone (blood & lymph) , multiple in this area (5.90-6.10)**

**Yellowing superior outer ring**

**LEFT: 7.10 Bladder, collarete , ciliary zone (blood & lymph) , 5.40 Peritoneum/abdomen wall, ciliary zone(musculature/bony structure) yellow through superior outer ring**

### Heterochromia (Colour and Placement)

Central Heterochromia

☐ Present ☒ Not Present Colour: \_\_\_\_\_

 If Central Heterochromia is orange, place a tick next to the Pancreatic Diathesis.

Sectoral Heterochromia

☐ Present ☒ Not Present Colour: \_\_\_\_\_

 If Central Heterochromia is orange, place a tick next to the Pancreatic Diathesis.

*Example description: Left iris, dark brown, 8:00, ciliary zone, (liver).*

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### Pupil

Size:

☐ Normal

☒ <sup>Miosis</sup> Small

☐ Large

Pull/Ellipse:

☐ Present

☐ Not Present

#### Right Pupil Pull/Ellipse

☐ Superior

☐ Superior Nasal

☐ Inferior

☐ Inferior Nasal

☐ Nasal

☐ Superior Temporal

☐ Temporal

☐ Inferior Temporal

#### Left Pupil Pull/Ellipse

☐ Superior

☐ Superior Nasal

☐ Inferior

☐ Inferior Nasal

☐ Nasal

☐ Superior Temporal

☐ Temporal

☐ Inferior Temporal

Flattening:

☐ Present

☒ Not Present

#### Right Pupil Flattening

☐ Superior

☐ Superior Nasal

☐ Inferior

☐ Inferior Nasal

☐ Nasal

☐ Superior Temporal

☐ Temporal

☐ Inferior Temporal

#### Left Pupil Flattening

☐ Superior

☐ Superior Nasal

☐ Inferior

☐ Inferior Nasal

☐ Nasal

☐ Superior Temporal

☐ Temporal

☐ Inferior Temporal



## Iridology Assessment Checklist

### The Collarette

Overall placement:	<input type="checkbox"/> Balanced	<input checked="" type="checkbox"/> Constricted	<input type="checkbox"/> Atonic
Overall strength:	<input checked="" type="checkbox"/> Thick	<input type="checkbox"/> Thin	<input type="checkbox"/> Absent
Overall shape:	<input checked="" type="checkbox"/> Broken	<input checked="" type="checkbox"/> Doubled	<input type="checkbox"/> Square
	<input checked="" type="checkbox"/> Zigzag	<input type="checkbox"/> Bridged	<input type="checkbox"/> Dropped Superior

Example description: Right iris, overall balanced placement with mild constriction in ascending colon and dropped superior appearance, overall medium thickness, squared appearance at nasal inferior.

Right iris: \_\_\_\_\_

**Constricted superior drop (mild), doubled,  
broken: 6.00 & 7.00**

\_\_\_\_\_

Left iris: \_\_\_\_\_

**Constricted superior drop (mild), 12:00  
doubled, broken: 6.00 & 4.00**

\_\_\_\_\_

### Corneal Lipaemic Ring

☐ Present ☒ Not Present

#### Right Eye

☐ Superior Arc

☐ Inferior Arc

☐ Nasal Arc

☐ Temporal Arc

☐ Full Circle

#### Left Eye

☐ Superior Arc

☐ Inferior Arc

☐ Nasal Arc

☐ Temporal Arc

☐ Full Circle

### Additional comments

**LEFT: Possible - Lipaemic Diathesis superior**

**LEFT: Scurf ring 3.00-4.00 , white signs opp - slight all round**

**RIGHT: Scurf ring 7.50 - 10.00**

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