

Youssef Kiryacos – Additional Intake Information

Presenting Issues:

- Unresolved childhood trauma.
- Past history of homosexuality. No longer practising; however, still desires. Religion does not permit homosexuality.
- Defined self as procrastinator and lazy. Get up for work every day but wouldn't if didn't have to.
- Lukewarm relationship with God - enthusiastic 'doing things right' - motivation lasts a week at most.
- Come to terms with why things happened and why I turned out the way I did. See God got me through it but still question why.
- Past history of abuse. Forgive them. Can see why they did it. Haven't forgotten but not holding grudges. They have wronged me because they have been wronged. Quarrel is with God not them.

Sister encouraged me to seek support.

Counselling Goals:

- Resolving childhood and adult events.
- Become more productive by throwing away old habits.

Want to become more productive. Not waste time on phone.

- Get bored / lose interest easily.

Want to try and maintain more consistency. When I start something I want to finish it.

Relationship Status:

Single

Went to Egypt end of 2018/19. Was going to get engaged two years ago in Egypt.

She was indecisive - I wasn't mature enough.

Have never been in a heterosexual relationship before.

Was open and honest with her about my past.

Employment:

Aged care support worker, lead bilingual staff support.

Starting own NDIS business - but not paying attention to it. Too much involved so put it off. Do it and then question why I put it off.

Covid a saving grace. Was unemployed; however, Centrelink put me into an aged care course.

Felt God pushing me into this direction. During covid got a job and visited elderly.

AOD:

Drink: 4 pints p/w

Marijuana: 2 joints p/w

Have confessed about it.

Escapism. Once I have it I feel shame/guilt but it disappears quickly.

Previously addicted to meth. 2016-2019. Daily use. Doctor referred to counselling; however, not comfortable as she was not Christian. Immediate family are aware of substance history. Their prayers and fasting helped.

When addicted to meth - also addicted to sex.