

Mr Kym Chilton

Herbal/Supplement repeat

Date of birth	7 Sep 1973	Practitioner	Nicole Chester
Address	Mr Kym Chilton 62 Meemar Street Chermside Qld 4032 Australia	Created	27 Dec 2024, 10:46AM
		Last updated	2 Jan 2025, 9:57AM

Herbal/Supplement	Herbal 540mls st marys thistle 130 Arjuna 90 Nigella 130 Bitter melon 100 Schisandra 90 reduce lipoprotein, reduce oxidative stress to liver, reduces inflammation, 9mls bd before meals \$130 Mag taur Xcell - 1 scoop od P2 Detox- 1 tsp bd Nac 1 scoop bd Poly C powder - 1 tsp bd Clinical lipids - 1 bd Bio D + K2 - 1 od Ubiquinol 150mg - 1 od all less 20% focus mainly on reversing fatty liver, then off statins
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