

Mr Kym Chilton

Herbal/Supplement repeat

Date of birth	7 Sep 1973	Practitioner	Nicole Chester
Address	Mr Kym Chilton 62 Meemar Street Chermside Qld 4032 Australia	Created	7 Oct 2024, 8:24AM
		Last updated	8 Oct 2024, 8:13AM

Herbal/Supplement	Herbal 540mls Nigella 100 Ginkgo biloba 80 Siberian ginseng 90 Globe Artichoke 100 Rosemary 70 Arjuna 100 - reduce lipoprotein, reduces oxidative stress to liver and kidneys , reduces inflammation, 9mls bd before meals \$126 less 20% bring back Korean ginseng next time
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