

Mr Kym Chilton

Herbal/Supplement repeat

Date of birth	7 Sep 1973	Practitioner	Nicole Chester
Address	Mr Kym Chilton 62 Meemar Street Chermside Qld 4032 Australia	Created	26 Jun 2024, 4:53PM
		Last updated	7 Jul 2024, 8:40AM

Herbal/Supplement	<p>bloods 24.05.24, fasted, rested</p> <p>Sod 139</p> <p>Potass 5.1</p> <p>Bi-carb 29</p> <p>Glucose 5.7</p> <p>Urea 5.5</p> <p>Creatinine 84</p> <p>UA 0.35de ratio 0.59</p> <p>Bilirubin 19</p> <p>Alk Phos 108</p> <p>GGT 213</p> <p>ALT 62</p> <p>AST 37</p> <p>ca+ 2.48</p> <p>Adjusted 2.36</p> <p>Phos 1.1</p> <p>cholest 3.8 come down from statin</p> <p>TG 2.1 come down from statin</p> <p>C2824- heterozygous variant only, confirmed no active heamachromotosis</p> <p>Possibilities...(for long standing high range bilirubin)</p> <p>*Altered BDC production/destruction, turnover</p> <p>*Heptobiliary issues</p> <p>*fatty liver</p> <p>*cholesttaic obstruction?</p> <p>high GGT and ALP --> barrier repair.defense?</p>
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consider - HMA, nutristat, OAT, enviro pollutants

concerned about pipes at home and water purity as had to have pipes changed several times now, all corroded

Herbal 540mls

Gota Kola 100

Clivers 90

Pomegranate 80

Siberian Ginseng 80

Globe Artichoke 90

Rosemary 80

Ginger 20

10mls bd before meals

\$104

P2 Detox - 1 tsp bdx

repeat Resist X advanced

add bilberry next time

check copper? zinc, mg, homocysteine, coeliac? hormones?

more detox support- infrared, ghee flush