



SHOPPING LIST

New Supplements

Herbal Mix 200ml | \$59.00 | Pickup

Cinnatol | \$45.03 | [Vital.ly](#)

O Balance | \$62.95 | [Vital.ly](#)

Somni Support | L: \$51.95 | [Vital.ly](#)

Tri Mag Supreme | S: 32.95 L: 43.95 | [Vital.ly](#)

BioHeme | \$28.09 | [Vital.ly](#)

Optional:

Magnesium Flakes (Epsom Salts) | [Vital.ly](#) or HealthFood Store

Free Style Libre 2 - Continuous Glucose Monitor | [FreeStyleLibre](#)

How to purchase?

Let me know which option you would like to proceed with by replying to this email.

1. Purchase through [Vital.ly](#) website patient portal (shipping fees may apply). This will be setup by the practitioner if you choose this option.
2. Purchase through Naturally Anew. You will be notified when items are available for pickup, usually within 1 week of ordering.